

JENNIFER R. TOMASONE
BPHE, BSc, MSc, PhD
FULL CURRICULUM VITAE (May 2026)

School of Kinesiology & Health Studies, Queen's University
28 Division Street, Room 301V, Kingston, Ontario, K7L 3N6
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ACADEMIC APPOINTMENTS

- 2015- **Associate Professor, Disability, Physical Activity, & Knowledge Translation
Director, Community Engaged Learning in Disability and Physical Activity (DIPA)**
School of Kinesiology & Health Studies, Queen's University, Kingston, ON
Note: Promotion to Full Professor will be granted on July 1, 2026. Tenure and promotion to Associate Professor granted on July 1, 2021. Parental leaves: (1) January to June 2017 (full leave) and June to December 2017(reduced teaching and service responsibilities); (2) January to June 2023 (full leave) and July 2023 to February 2024 (reduced teaching and service responsibilities). Sabbaticals: July 2021 to June 2022, January 2026 to June 2026.
- 2018-2021 **Adjunct Assistant Professor**, Department of Kinesiology, University of Waterloo, Waterloo, ON

ACADEMIC TRAINING

- 2014-2015 **Post-Doctoral Fellowship, Knowledge Translation**
Department of Oncology, McMaster University, Hamilton, ON
Supervisor: Dr. M. C. Brouwers
Research Program: The development of evidence- and theory-derived knowledge translation tools to increase the adoption and implementation of physical activity clinical practice guidelines among cancer survivors and clinicians
- 2010-2014 **Doctor of Philosophy, Exercise Psychology**
Department of Kinesiology, McMaster University, Hamilton, ON
Supervisor: Dr. K. A. Martin Ginis
PhD Comprehensive Examination: Passed with Distinction (July 2011)
Doctoral Dissertation: Translating theory to practice: Understanding the role of theory in real-world behaviour change interventions in the physical disability community.
- 2007-2008 **Master of Science, Anatomical Sciences (Pattern II)**
Department of Anatomy and Cell Biology, Queen's University, Kingston, ON
Supervisors: Dr. S. C. Pang, Dr. L. W. MacKenzie, and Dr. W. Kong (MD)
Master's Thesis: Creation of a cardiac catheterization learning model.
- 2003-2007 **Bachelor of Physical and Health Education**
School of Kinesiology and Health Studies, Queen's University, Kingston, ON
- 2003-2007 **Bachelor of Science (Life Science)**
Faculty of Arts & Science (Health Sciences), Queen's University, Kingston, ON

AWARDS & DISTINCTIONS***Achievements & Awards***

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|---|---------|--|
| 1. PHEKSA Award for Excellence in Teaching | | 2026 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |
| 2. Award for Excellence in Graduate Student Supervision (Nominee) | | 2025 |
| School of Graduate and Postdoctoral Affairs, Queen's University | | |
| 3. Royal Society of Canada: College of New Scholars (Nominee) | | 2022 |
| Vice Principal Research Portfolio, Queen's University | | |
| 4. Prize for Excellence in Research for Outstanding Emerging Researchers | \$5,000 | 2022 |
| Vice Principal Research Portfolio, Queen's University | | |
| 5. Early Career Distinguished Scholar Award | \$1,000 | 2022 |
| North American Society for the Psychology of Sport and Physical Activity | | |
| 6. Health Studies DSC Excellence in Teaching Award Recipient | | 2020 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |
| 7. Health Studies DSC Excellence in Teaching Award (Nominee) | | 2023,
2021,
2019,
2017,
2016 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |
| 8. PHEKSA PHED/KIN Excellence in Teaching Award for Theory (Nominee) | | 2020,
2019,
2018,
2016 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |
| 9. Early Career Investigator Observer Program (Knowledge Translation Research Panel) | | 2018 |
| Canadian Institutes of Health Research, Ottawa, ON | | |
| 10. Frank Knox Award for Excellence in Teaching (Finalist) | | 2016 |
| Alma Mater Society, Queen's University, Kingston, ON | | |
| 11. Top Student Research Submission | | 2014 |
| 6 th National Spinal Cord Injury Conference, Toronto, ON | | |
| 12. ECSEPS 3MT (Minute Thesis) Winner | \$100 | 2014 |
| Eastern Canada Sport and Exercise Psychology Symposium, Toronto, ON | | |
| 13. Dean's Award for Excellence in Communicating Graduate Research | \$500 | 2013 |
| School of Graduate Studies, McMaster University, Hamilton, ON | | |
| 14. Keith Leppmann Teaching Assistant Excellence Award | \$375 | 2013 |
| Graduate Student Association, McMaster University, Hamilton, ON | | |
| 15. Yates Scholarship for International Conference Travel | \$500 | 2013 |
| School of Graduate Studies, McMaster University, Hamilton, ON | | |
| 16. NASPSPA Graduate Student Award for International Conference Travel | \$700 | 2013 |
| North American Society for the Psychology of Sport and Physical Activity | | |
| 17. Dean's Award for Knowledge Translation and Innovation 2011 (Finalist) | | 2011 |
| School of Graduate Studies, McMaster University, Hamilton, ON | | |
| 18. Vanier Canada Graduate Scholarship 2012 (Nominee) | | 2011 |
| School of Graduate Studies, McMaster University, Hamilton, ON | | |
| 19. Bachelor of Physical and Health Education with Distinction | | 2007 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |
| 20. Bachelor of Science (Life Sciences) with Distinction | | 2007 |
| Faculty of Arts & Science, Queen's University, Kingston, ON | | |
| 21. Dean's Honour List | | 2004-
2007 |
| School of Kinesiology and Health Studies, Queen's University, Kingston, ON | | |

Fellowships, Scholarships & Bursaries

1. Post-Doctoral Fellowship (Declined due to appointment at Queen's)	\$135,000	09/15-
Canadian Institutes of Health Research	(\$45,000/year)	08/18
2. Post-Doctoral Fellowship: Knowledge Translation Canada	\$45,000	09/14-
Canadian Institutes of Health Research Strategic Training Initiative		08/15
3. Graduate Student Bursary	\$350	07/14
Department of Kinesiology, McMaster University, Hamilton, ON		
4. Mentor-Trainee Capacity Building in Knowledge Mobilization	\$80,000	07/12-
Ontario Neurotrauma Foundation and Rick Hansen Institute	(\$40,000/year)	06/14
5. McMaster University Graduate Award	\$20,000	2010-
School of Graduate Studies, McMaster University, Hamilton, ON	(\$5,000/year)	2014
6. Department of Kinesiology Honours Scholarship	\$2,500	2012
School of Graduate Studies, McMaster University, Hamilton, ON		
7. Department of Kinesiology Merit Scholarship	\$1,000	2012
School of Graduate Studies, McMaster University, Hamilton, ON		
8. Joan Heimbecker Memorial Scholarship	\$2,000	2012,
School of Graduate Studies, McMaster University, Hamilton, ON	(\$1,000/year)	2013
9. Kinesiology Graduate Body Bursary (Community Service)	\$2,000	2011,
Department of Kinesiology, McMaster University, Hamilton, ON	(\$1,000/year)	2012
10. Ontario Graduate Scholarship (Funding withheld)	\$30,000	2011,
Ontario Ministry of Training, Colleges, and Universities	(\$15,000/year)	2012
11. Queen's Graduate Award for Academic Excellence	\$5,000	2007
School of Graduate Studies and Research, Queen's University, Kingston, ON		
12. Queen Elizabeth Aiming for the Top Scholarship	\$400	2003-
Ministry of Training, Colleges, and Universities, Government of Ontario	(\$100/year)	2006
13. Entrance Award, Honours with Merit for Academic Excellence	\$500	2003
Faculty of Arts and Science, Queen's University		

Non-Academic Awards

1. Dedicated Volunteer Award for Five Years of Continual Service	2009
Kingston General Hospital, Kingston, ON	
2. Kingston Municipal Affairs Commission Volunteer Recognition Award	2007
City of Kingston and Queen's University Alma Mater Society	

RESEARCH FUNDING (EXTERNAL)**Grants Currently Held (4)**

1. Tomasone, J. R. (PI) , Bundon, A., Fischer, S., Ma, J., Natho, K., Peers, D., Price, J., Rodgers, C., Sukhai, M.	\$71,803	07/25-
Reimagining disability in Kinesiology: A systems approach to anti-ableist reform. Social Sciences and Humanities Research Council of Canada: Insight Development Grant 2025		06/28
2. Latimer-Cheung, A. E. (PI), Tomasone, J. R. (Co-Director) , Martin Ginis, K. A. (Co-Director), DaSilva, P. (Co-Director), Leo, J. (Co-Director), Abrams, T., Arbour-Nicitopoulos, K. P., Bassett-Gunter, R. L., Best, K., Bremner, E., Bundon, A., Donkers, S. J., Evans, M. B., Falkolade, A., Finlayson, M., Gainforth, H. L., Hoekstra, F., Lee, E-Y., Legg, D., Martin, L. J., McColl, M. A., McMorris, C. A., Misener, L., Moore, S. A., Peers, D., Rocchi, M., Ross, T., Shikako-Thomas, K., Shaw, R. B., Shirazipour, C. H., Sukhai, M., Sweet, S. N., Williams, T. L., Canadian Disability Participation Project 2.0: Developing, Implementing and Evaluating Quality Sport, Exercise and Play Experiences for Canadians with Disabilities	\$2,500,000	04/23-03/30

Social Sciences and Humanities Research Council of Canada: Partnership Grant Stage 2		
3.	Winters, M. (Nominated PI), Cloutier, M.-S. (Co-PI), Fuller., D. (Co-PI), Shareck, M., (Co-PI), Tomasone, J. R. (Co-PI) , Harris, A., Rothman, L., Howard, A., Moore, S., MacPherson, A., Kestens, Y. et al. Building CapaCITY/É for Sustainable Transportation Canadian Institutes of Health Research Healthy Cities Implementation Science Team Grant – Phase 2 Note: Sub-grant to J. R. Tomasone (\$375,400; 01/23-12/26)	\$3,500,000 10/22- 12/29
4.	Sweet, S. N. (PI), Freilich, L., Herbison, J., Jeans, A., Latimer-Cheung, A. E., Rocchi, M., Tomasone, J. R. (Co-Investigator) . Coaching physical activity behaviour change skills to university students with disabilities. Social Sciences and Humanities Research Council Insight Grant Fall 2021 Note: Subgrant to J. R. Tomasone (\$20,000; 09/22-08/25)	\$289,677 05/22- 04/27
<u>Under Review (1)</u>		
1.	Tomasone, J. R. (Principal Investigator) , Guerin, A., Hayduk-Costa, G., Suart, T. N., & Turnnidge, J. Operationalizing disability inclusion in undergraduate medical education: Development, implementation and evaluation of an evidence-informed intervention Spencer Foundation: Small Research Grants on Education	(\$49,975 USD) 01/27- 12/30
<u>Grants Previously Held (29)</u>		
1.	Falkolade, A. (PI), Finlayson, M., O'Sullivan, T., Pilutti, L., Tomasone, J. R. (Co-Applicant) . Changing the caregiving landscape: A digital toolkit to enhance resilience in family caregivers of Canadians living with multiple sclerosis Social Sciences and Humanities Research Council: Insight Development Grant Winter 2022	\$74,976 07/22- 07/25
2.	Smith-Turchyn J, Gagliardi A (Co-PI), Dhir J, Sabiston C, Tomasone J. R. , Brahmbhatt P. Physical activity promotion to prevent cancer among diverse immigrant women: A before-after cohort study. Canadian Cancer Society - Health Equity Research Grant LOI.	\$7,610 04/24- 09/24
3.	Gagliardi, A. R. (PI), Khanlou, N., Friedenreich C., Sabiston, C., Tomasone, J. R. (Co-Investigator) , Smith-Turchyn, J. Co-developing an intervention to raise immigrant women's awareness of physical activity and cancer prevention. Canadian Cancer Society Partner Prevention Research Grant Fall 2021	\$497,765 01/22- 12/24
4.	Tomasone, J. R. (PI) , Latimer-Cheung, A. E., Evans, M. B., Smith, B., Sweet, S., Harvey, M. E., & Shirazipour, C. An exploration of quality participation in an assisted recreation program Social Sciences and Humanities Research Council of Canada: Insight Development Grant 2017 Note: My grant application was ranked 3 rd out of 40 emerging scholar submissions. The grant spending deadline has been extended by four years: two years for my two maternity leaves and two additional years for COVID-19.	\$70,267 06/17- 03/24
5.	Latimer-Cheung, A. E. (PI), Tomasone, J. R. (Co-Director) , Martin Ginis, K. A. (Co-Director), DaSilva, P. (Co-Director), Leo, J. (Co-Director), Abrams, T., Arbour-Nicitopoulos, K. P., Bassett-Gunter, R. L., Best, K., Bremner, E., Bundon,	\$20,000 07/22- 02/23

<p>A., Donkers, S. J., Evans, M. B., Falkolade, A., Finlayson, M., Gainforth, H. L., Hoekstra, F., Lee, E-Y., Legg, D., Martin, L. J., McColl, M. A., McMorris, C. A., Misener, L., Moore, S. A., Peers, D., Rocchi, M., Ross, T., Shikako-Thomas, K., Shaw, R. B., Shirazipour, C. H., Sukhai, M., Sweet, S. N., Williams, T. L., Canadian Disability Participation Project 2.0: Developing, Implementing and Evaluating Quality Sport, Exercise and Play Experiences for Canadians with Disabilities Social Sciences and Humanities Research Council of Canada: Partnership Grant Stage 1</p>		03/14-02/23
<p>6. Martin Ginis, K. A. (PI) et al. Tomasone, J. R. (Co-I). Enhancing community participation in Canadians with physical disabilities: development, implementation and evaluation of a partnership strategy Social Sciences and Humanities Research Council of Canada: Partnership Grant Note: Sub-grant to J. R. Tomasone (\$45,000; 07/16-06/18)</p>	\$2,643,997	03/14-02/23
<p>7. Latimer-Cheung, A. E. (PI), Evans, M. B., Martin Ginis, K. A., McReynolds, S., Tomasone, J. R. (Co-Applicant), & Williams, T. An evidence-informed, partnered approach to building accessible, inclusive quality sport programming for Canadians with a disability Social Sciences and Humanities Research Council of Canada: Partnership Development Grant (Fall 2018)</p>	\$200,000	07/19-06/22
<p>8. Selinger, J. (PI), Roemmich, R., Tomasone, J. R. (Co-I), & Wu, A. Improving gait performance using energy incentivized movement therapy TriCouncil New Frontiers Grant (Winter 2018)</p>	\$249,843	04/19-03/22
<p>9. Sabiston, C. M. et al. (Tomasone, J. R. Co-Applicant) Connecting breast cancer survivors for exercise: Extending the impact of ActiveMatch Canadian Cancer Society Research Institute: Innovation to Impact Grant 2019</p>	\$412,830	08/19-07/22
<p>10. Fuller, D. (Co-PI), Beck, B. (Co-PI), Shareck, M., (Co-PI), Tomasone, J. R. (Co-PI), Ayton, D., Bell, S., Cloutier, I., Collins, P., Couture Menard, M. E., de Leeuw, E., Diab, E., Harris, P., Kestens, Y., Lord, S., McDonald, J., Muhaja, N., Raven, R., Skouteris, J., Sones, M., Stanley, K., Winters, M. INTERventions, Research, and Action in Cities Team for Implementation Science (INTERACT IS). Canadian Institutes of Health Research Healthy Cities Implementation Science Team Grant – Phase 1</p>	\$25,000	02/22-08/22
<p>11. Giangregorio, L. (PI), Straus, S. (Co-PI), Walsh, R. (Co-PI), Ashe, M., Butt, D., Chilibeck, P., Fowles, J., Greiver, M., Hoshing, N., McFedzean, J., Milligan, J., Papaioannou, A., Thebane, L., Tomasone, J.R. (Co-I), Vincent, A., Wilhelm, L. Implementing Digital health, Evidence-based physical Activity programs and Supportive environments for Healthy Cities: IDEAS for Healthy Cities. Canadian Institutes of Health Research Healthy Cities Implementation Science Team Grant – Phase 1</p>	\$25,000	02/22-08/22
<p>12. Canadian Society for Exercise Physiology, Ross, R., Chaput, J. P., Giangregorio, L., Janssen, I., Saunders, T., Tomasone, J. R. (Co-I). The development, dissemination, and implementation of Canada's 24-Hour Movement Guidelines for Adults and Older Adults. Public Health Agency of Canada: Multi-sectoral Partnership Approach to Promote Healthy Living and Prevent Chronic Disease Note: Sub-grant to J. R. Tomasone (\$249,675; 04/19-03/22)</p>	\$1,168,816	04/19-08/22
<p>13. Jaglal S. B. (PI), Arbour-Nicitopoulos K., Craven C., Guilcher, S., Linassi, G., McBride, C., Moineddin, R., Mortenson, B., Salbach, N., Sweet, S., Tomasone, J. R. (Co-Applicant). Collaborators: Chernesky J, Noonan V, Howe S.</p>	\$497,250	09/18-08/21

An online self-management program for spinal cord injury: feasibility study of SCI&U. Canadian Institutes of Health Research: Project Scheme (Spring 2018)		
14.	Latimer-Cheung, A. E. (PI), Boher, R., Arbour-Nicitopoulos, K. P., Tomasone, J. R. (Co-I) , & Lee, E.-Y. Evaluating the quality of Special Olympics Canada's Active Start and FUNdamentals programs: Quality Participation Observation Tool development and validation Special Olympics Canada: Research Grant	\$25,000 05/20-07/21
15.	Jaglal S. B. (Co-PI), Houlihan, B (Co-PI), Arbour-Nicitopoulos K., Craven C., Guilcher, S., Linassi, G., McBride, C., Moineddin, R., Mortenson, B., Salbach, N., Sweet, S., Tomasone, J. R. (Co-Applicant) . An online self-management program for spinal cord injury: feasibility study of SCI&U. Craig Neilsen Foundation: Psychosocial Research Grant	\$200,000 USD 08/19-07/21
16.	Wolfe, D. (PI), Howe, S., Kraus-Dupuis, A., Miles, S., Walters, S., Ahmed, S., Craven, C., Tomasone, J. R. (Co-I) , & Milligan, J. An integrated self-management service delivery model for persons with spinal cord injury across the care continuum Craig H. Neilsen Foundation: Psychosocial Research Grant	\$388,806 04/18-03/21
17.	Presseau, J. (PI), Bacon, S., Bernard, P., Desroches, S., Kastner, M., Lavoie, K., Marques, M., McCleary, N., Straus, S., Taljaard, M., Thavorn, K., & Tomasone, J. R. (Co-I) . Clustering of (un)healthy behaviours in older Canadians Canadian Institutes of Health Research: Catalyst Grant – Analysis of CLSA Data	\$70,000 03/19-02/20
18.	Bassett-Gunter, R. L., (PI), Latimer-Cheung, A. E., & Tomasone, J. R. (Co-Applicant) , & Arbour-Nicitopoulos, K. P. A workshop to establish evidence-informed recommendations for developing and disseminating sport and physical activity information targeting children with disabilities. Social Sciences and Humanities Research Council: Connection Grant 2019	\$24,904 05/19-04/20
19.	Latimer-Cheung, A. E. (Co-PI), Arbour-Nicitopoulos, K. P. (Co-PI), & Tomasone, J. R. (Co-Investigator) Evaluating the quality of Special Olympics Canada's Active Start and FUNdamentals programs Special Olympics Canada: Research Contract	\$35,000 05/19-04/20
20.	Sabiston, C. M. (PI), Brunet, J., Campbell, K., Courneya, K., Culos-Reed, N., Faulkner, G., Friedenreich, D., Gauvin, L., Jones, J., Karvinen, K., Keats, M., McGowan, E., Santa Mina, D., Tomasone, J. R. (Co-I) , . Trinh, L., Vallance, J. Improving physical activity and reducing sedentary behaviour among breast cancer survivors: MOVING research into practice Canadian Breast Cancer Foundation: Research Project Grant Program (Fall 2014 Competition) Note: Sub-grant to J.R. Tomasone (\$117,850; 07/16-09/19)	\$378,859 07/15-06/20
21.	Wolfe, D. (PI), Ho, C., O'Connell, C., Tomasone, J. R. , Musselman, K., Athanasopoulos, P. Planning for a national strategy to coordinate “exercise” and “therapy” programming for persons with spinal cord injury Canadian Institutes of Health Research: Planning and Dissemination Grant (Winter 2018)	\$9,716 06/18-05/19

22.	Middleton, L. (PI), Johannesson, C., Andrew, M., Astell, A., Dupuis, S., Freeman, S., Giangregorio, L., Loiselle, L., Odasso, M., Pettersen, J., Tomasone, J. R. (Co-I) & White, F. Expanding exercise opportunities for persons living with dementia Canadian Institutes of Health Research: Patient-Oriented Research Collaboration (Fall 2017)	\$84,900	04/18- 03/19
23.	Côté, J. (PI), Martin, L., and Tomasone, J. R. (Co-I) . “Living the True Sport Principles”: An intersectoral exchange to move from theory to practice in a youth sport setting. Social Sciences and Humanities Research Council of Canada: Connection Grant (Fall 2017)	\$17,377	02/18- 01/19
24.	Wolfe, D. (Co-PI), Jaglal, S. (Co-PI), Tomasone, J. R. (Co-I) , Allin, S., Munce, S., Shepherd, J. Development and evaluation of an online, pan-Canadian self-management program for adults with spinal cord injury Rick Hansen Institute: Translational Research and Best Practice Implementation Grant	\$109,905	02/17- 02/18
25.	Brunet, J. (PI), Culos-Reed, N., Keats, M., Prud-homme D., Ramphal, R., & Tomasone J. R. (co-I) . Progression, prediction, and benefits of physical activity after cancer diagnosis: Planning for a Pan-Canadian cohort study of adolescents and young adults with cancer Canadian Institutes of Health Research: Planning and Dissemination Grant	\$8,593	06/16- 05/17
26.	Wolfe, D., Lee, J., Milligan, J., et al. (Collaborator: Tomasone, J. R.) Primary care integration with self-management (PRISM) Ontario Neurotrauma Foundation: SCI Research Network Collaboration Grant	\$135,000 (\$45,000/ year)	09/12- 08/15
27.	Brouwers, M., et al. (Additional Author: Tomasone, J. R.) Patients in the cancer guidelines enterprise: How to optimize participation and meet information needs. Juravinski Hospital and Cancer Centre Foundation: 2013 Fall Grants Program	\$91,026	02/14- 05/15
28.	Tomasone, J. R. (PI) & Brouwers, M. Development and evaluation of evidence- and theory-based resources for the adoption of physical activity guidelines for oncologists and cancer patients. Knowledge Translation Canada: Research Project Stipend	\$14,042	04/14- 03/15
29.	Noreau, L. (PI), Hitzig, S., Routhier, F. (Additional Author: Tomasone, J. R.) Enhancing and expanding the PAR-QoL Online Toolkit. Paralyzed Veterans of America: Education Grant	\$50,000	07/14- 06/15

OTHER FUNDING

Internal (Queen's) Grants – Previously Held (2)

1.	Tomasone, J. R. (PI) , Latimer-Cheung A. E., Bradley, G., Epp Stobbe, A., Hall, C., McCalpin, M. A Flipped Classroom Approach to Fostering Competency-Based Learning Outcomes in an Experiential Learning Course Queen's University Centre for Teaching and Learning: Teaching and Learning Enhancement Grant	\$6,494	09/16- 08/17
2.	Woolnough, F. (PI), Tomasone, J. R. (Co-I) , Acreman, M., Armstrong, L., Bambrick, T., Borins, C., Dods, J., Humphrys, K., Parliament, D., Smith, G., Exercise is Medicine at Queen's University. Prescription Exercise at Queen's (PE-Q): A pilot intervention to increase physical activity and improve mental health among first year Queen's students Jack.org and Queen's University First Year Experience Fund	\$5,000	10/16- 09/17

PUBLICATIONS

Referred Journal Articles (145) (trainee supervised)

1. Ponzano, M., **Tomasone, J.R.**, Noguchi, K.S., Berrisford, H.A., & Martin Ginis, K.A. (In press; accepted Oct 16, 2025). Improving and monitoring adherence to exercise interventions involving persons with a spinal cord injury: Actionable strategies. *Topics in Spinal Cord Injury Rehabilitation*.
2. Ponzano, M. & **Tomasone, J.R.** (In press; accepted Oct 16, 2025). Implementation and sustainability of exercise interventions in people with spinal cord injury: Recommendations and future directions. *Topics in Spinal Cord Injury Rehabilitation*.
3. Bruno, N., **Tomasone, J. R.**, Arbour-Nicotopoulos, K. P., & Latimer-Cheung, A. E. (2026). A multiphased integrated knowledge translation approach to foster quality participation in recreational sport programs for children with intellectual and developmental disabilities. *Adapted Physical Activity Quarterly*. Epub ahead of print. doi: 10.1123/apaq.2025-0018
4. Tibert, N., **Tomasone, J. R.**, Thabane, L., Veroniki, A. A., Chilibeck, P., Weston, Z., Sale, J. E. M., Watt, J., & Giangregorio, L. (2026). Organizational perspectives on fall prevention exercise services in Ontario: A qualitative analysis. *Applied Physiology, Nutrition, and Metabolism*, 51, 1–10. doi: [10.1139/apnm-2025-0302](https://doi.org/10.1139/apnm-2025-0302)
5. Tibert, N., **Tomasone, J. R.**, Veroniki, A.-A., Chilibeck, P., Weston, Z., Sale, J., Watt, J., & Giangregorio, L. M. (2026). Provider perspectives on fall prevention exercise services in Ontario: A qualitative analysis. *Canadian Journal on Aging*, 1–10. doi: [10.1017/S0714980826100646](https://doi.org/10.1017/S0714980826100646)
6. Jaglal, S. B., Allin, S. J., Craven, B. C., Guilcher, S. J. T., Linassi, A. G., McBride, C. B., Moineddin, R., Mortensen, W. B., Munce, S., Salback, N. M., Shepherd, J. D., Sweet, S. N., Thorson, T., & **Tomasone, J. R.** (2026). A pilot randomised controlled trial of the Spinal Cord Injury and You (SCI&U) online peer health coaching self-management program. *Pilot and Feasibility Studies*, 12(1):29. doi: 10.1186/s40814-026-01769-y
7. Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (2025). Co-developing a disability-informed competency framework for qualified exercise professionals at entry-to-practice: Reflections from a multi-phase partnership. *Advanced Exercise and Health Science* 2(4), 254-262. doi: 10.1016/j/aehs/2025.11.003
8. Walters, A. J., Wing, M. K., Burt, H. M., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2025). Exploring the support needs, preferences, and expectations of persons with disabilities when working with qualified exercise professionals in an exercise context. *Disability and Rehabilitation*. Epub ahead of print. 1–14. doi: 10.1080/09638288.2025.2610507
9. Falck, R., Erickson, K., Cerin, E., Zou, L., Smith, A. E., Ortega, F. B., Davis, J. C., Schipperjin, J., van Uffelen, J., Palmeria, A., Voss, M. W., Dunstan, D. W., Li, L. C., Migueles, J. J., Liangruenrom, N., Balbim, G. M., **Tomasone, J. R.**, Ahmadi, M. n., Spruyt, K., Fu, F. H., Giangregorio, L., Kong, Z., Gomersall, S. R., Chaput, J.-P., Miao, M., Feter, N., Swaminathan, K., Schlinke, R., Gan, Y., Inoue, S., Gorhe, V., Abe, T., D'Sa, M., Chang, Yu-Kai, Lu, A. S., Lubans, D., Tornberg, A. B., & Liu-Ambrose, T. (2026). The Around the Clock Terminology Consortium: A global consensus on terminology to discuss the 24-hour cycle of physical activity, sedentary behaviour, and sleep. *Journal of Physical Activity and Health*, 23(2), 143-146. doi:10.1123/jpah.2025-0589
10. Manning, O. J., **Tomasone, J. R.**, Finlayson, M., B. R. Ritsma, & V. DePaul. (2025). Stroke survivor and caregiver perspectives in the development of a community water-based therapeutic exercise program. *Disability and Rehabilitation*, 47(23): 6073-6082. doi: 10.1080/09638288.2025.2494226
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142. Sweet, S., Martin Ginis, K. A., **Tomasone, J. R.**, & The SHAPE-SCI Research Group. (2013). Investigating intermediary variables in the physical activity and quality of life relationship in persons with spinal cord injury. *Health Psychology*, 32(8): 877-885 doi: 10.1037/a0032383
143. Latimer, A. E., Rhodes, R. E., Kho, M. E., **Tomasone, J. R.**, Nasuti, G., Gainforth, H., Kowalski, K., Perrier, M. J., Duggan, M., & The Canadian Physical Activity Guidelines Messaging Recommendation Workgroup. (2013). Evidence-informed recommendations for constructing and disseminating messages supplementing the new Canadian Physical Activity Guidelines. *BMC Public Health*, 13, 419. doi: 10.1186/1471-2458-13-419
144. Hetz, S. & **Tomasone, J. R.** (2012). Supportive care needs of Canadian melanoma patients and survivors. *The Canadian Oncology Nursing Journal*, 22(4), 248-56. doi: 10.5737/1181912x224248251
145. Latimer, A. E., Green, K. E., Schmid, K. L., **Tomasone, J. R.**, Abrams, A., Cummings, K. M., Celestino, P., Salovey, P., Seshadri, A., & Toll, B. A. (2009). The identification of framed messages in the New York State Smokers' Quitline materials. *Health Education Research*, 25, 54-60. doi: 10.1093/her/cyp041

Referred Journal Articles – Under Review (9) (student supervised)

1. Ng, N., Bedard, G. D., **Tomasone, J. R.**, Mullan, M. A. R. S., Liska, T. M., Pastore, O. L., Herbison, J. D., Li, C., Wong, A. C., & Sweet, S. N. (In review; submitted April 30, 2026). Coaching behaviour change

techniques for physical activity to university students with physical disabilities and chronic health conditions: A single-subject design intervention. *Psychology of Sport and Exercise*.

2. Bedard, G. D., Herbison, J. D., Pastore, O. L., **Tomasone, J. R.**, Mullan, M. A. R. S., Liska, T. M., & Sweet, S. N. (Under review; submitted March 30, 2026). Behaviour change technique enactment to promote physical activity among university students experiencing disabilities: A secondary multilevel and network analysis. *Psychology of Sport and Exercise*.
3. Giouridis, N., Flood, S. M., McKenna, J., Gierc, M., Faulkner, G., Latimer-Cheung, A. E., Juan, O., & **Tomasone, J. R.** (Under review; submitted March 26, 2026). Exploring first-year university students' barriers and facilitators to meeting the recommendations in the Canadian 24-Hour Movement Guidelines for Adults. *Journal of American College Health*.
4. **Tomasone, J. R.**, Price, J., Warren, S. M., Sturrock, S. L., Ruissen, G. R., Fuller, D., Thompson, B., McKenna, J., Vanderloo, L. M., Ng, N., Latimer-Cheung, A. E., Lane, K. N., Blackett, B., Dolf, M., & Faulkner, G. (Revised and resubmitted; May 15, 2026). Feasibility, acceptability and potential impact of a ParticipACTION app-based intervention to improve post-secondary students' movement behaviours: A proof-of-concept study. *BMC Pilot and Feasibility Studies*.
5. Price, J., Bundon, A., Peers, D., Natho, K., Rodgers, C.D., Sukhai, M., Ma, J., & **Tomasone, J.R.** (Revised and resubmitted; April 29, 2026). A discourse analysis of disability on websites of accredited kinesiology programs in Canada. *Adapted Physical Activity Quarterly*.
6. Price, J., Kauffeldt, K. D., Fong, A. J., Latimer-Cheung, A. E., Sabiston, C. M., & **Tomasone, J. R.** (In review; submitted Feb 27, 2026). Challenges and opportunities in sustaining a community-based exercise intervention for women who have completed breast cancer treatment. *Evaluation and Program Planning*.
7. **Tomasone, J. R.**, Ng, N. J., Kelman McFadyen, I., Ma, J. R., Latimer-Cheung, A. E., on behalf of the Canadian Disability Participation Project Exercise Community of Practice. (In review; submitted Dec 17, 2025). An incubator for developing best-practices in community-based exercise programs for persons with disabilities: Establishing a national community of practice. *Adapted Physical Activity Quarterly*.
8. Kauffeldt, K. D., Shareck, M., Bell, S., Collins, P., Diab, E., Lachapelle, U., Manaugh, K., Couture-Ménard, M. E., Beck, B., Pearson, L., Chevrier, T., Winters, M., Fuller, D., Cloutier, M.-S., Laberee, K., & **Tomasone, J. R.** (In review; submitted June 16, 2025). Strategic investments in transportation: A protocol paper exploring the implementation of sustainable transportation interventions in Canadian cities. *Urban Transitions*.
9. Cardwell, K., Pilutti, L. A., Finlayson, M., O'Sullivan, T., **Tomasone, J. R.**, & Fakolade, A. (In review; submitted May 17, 2025). DigiTRAC: Needs and preferences for a DigiTal resource for enhancing Resilience Among multiple sclerosis Caregivers. *Digital Health*.

Chapters in Edited Books (4)

1. Sweet, S. N., Donkers, S. J., Martin Ginis, K. A., Cao, P., McIntyre, A., & **Tomasone, J. R.** (2023). Physical activity following spinal cord injury: Psychosocial outcomes. In Eng, J. J., Teasell, R. W., Miller, W. C., Wolfe, D. L., Townson, A. F., Hsieh, J. T. C., Connolly, S. J., Noonan, V. K., Loh, E., Sproule, S., McIntyre, A., Querée, M., editors. Spinal Cord Injury Rehabilitation Evidence. Version 8.0. Vancouver: p 1- 95. Available at: https://scireproject.com/wp-content/uploads/2023/02/SCIRE-PA-Chapter_Part-4_Psychosocial-Final.pdf
2. **Tomasone, J. R.**, Ma, J. K., Sweet, S. N., Donkers, S. J., Cao, P., McIntyre, A., & Martin Ginis, K. A. (2022). Physical Activity Following Spinal Cord Injury: Participation. In Eng, J. J., Teasell, R. W., Miller, W. C., Wolfe, D. L., Townson, A. F., Hsieh, J. T. C., Connolly, S. J., Noonan, V. K., Loh, E., Sproule, S., McIntyre, A., Querée, M., editors. Spinal Cord Injury Rehabilitation Evidence. Version 8.0. Vancouver: p 1- 95. https://scireproject.com/wp-content/uploads/2022/07/Physical-Activity-Participation_ENDNOTE-VERSION.pdf
3. Cripps, D. G., **Tomasone, J. R.**, & Staples, K. L. (2013). Canadian initiatives in disability sport and recreation: An overview of the *Moving to Inclusion* and *Changing Minds, Changing Lives* programs. In Brittain, I. (Ed.) *Disability sport: A vehicle for social change?* (pp.22-28). Champaign, Illinois: Common Ground Publishing. ISBN 978-1-61229-215-1

4. Saville, P. D., **Tomasone, J. R.**, McEwen, D., & Martin Ginis, K. A. (2012). Theoretical content of physical activity websites for persons with depression. In Franco, J. N., & Svendsgaard, A. E. (Eds.) *Handbook on Psychology of Motivation: New Research*. (pp. 227-244). ISBN 978-1-62100-755-5

Knowledge Translation Tools (Dissemination Tools, Casebooks, Catalogues, Resource Manuals) (14)

1. Canadian Disability Participation Project. (2026). Essential competencies for qualified exercise professionals working with persons experiencing disability. Available at: <https://cdpp2.ca/publications/essential-competencies-for-qualified-exercise-professionals-working-with-persons-experiencing-disability/>
2. Canadian Disability Participation Project. (2024). Strategy matrix for fostering quality participation among persons with disabilities in community-based exercise programs. Available at: <https://cdpp.ca/resources-and-publications/strategy-matrix>
3. Canadian Society for Exercise Physiology. (2023). Punjabi translation of the 24-Hour Movement Guidelines for Adults 18-64 years. Available at: <https://csepguidelines.ca/guidelines/punjabi-24h-movement-guidelines-adults-18-64/>
4. Canadian Society for Exercise Physiology. (2023). Punjabi translation of the 24-Hour Movement Guidelines for Adults 65+ years. Available at: <https://csepguidelines.ca/guidelines/punjabi-24h-movement-guidelines-adults-65/>
5. Canadian Society for Exercise Physiology. (2023). The Whole Day Matters Toolkit for Physiotherapists. Available at: <https://csepguidelines.ca/the-whole-day-matters-toolkit-for-physiotherapists/>
6. Canadian Society for Exercise Physiology. (2022). The Whole Day Matters Toolkit for Primary Care. Available at <https://csepguidelines.ca/whole-day-matters-toolkit-for-primary-care/>
7. Canadian Society for Exercise Physiology. (2020). Communications Toolkit for the Canadian 24-Hour Movement Guidelines for Adults. Available at <https://csepguidelines.ca>
8. Tremblay, M., Birken, C. D., Chaput, J.-P., Faulkner, G., Guerrero, M. R., Janssen, I., Madigan, S., Masse, L. C., McHugh, T.-L. Rhodes, R. E., Shelley, J., Spinks, N., Stone, K., Tamminen, K. A., **Tomasone, J. R.**, Vanderloo, L. M., Ward, H., & Welsh, F. on behalf of ParticipACTION. (2020). Consensus Statement on the Role of the Family in the Physical Activity, Sedentary and Sleep Behaviours of Children and Youth. (Accompaniment to the 2020 ParticipACTION Children and Youth Report Card). Available at: https://participaction.cdn.prismic.io/participaction/f6854240-ef7c-448c-ae5c-5634c41a0170_2020_Report_Card_Children_and_Youth_Full_Report.pdf
9. Menezes, E., **Kauffeldt, K. D.**, Dobrowolski, S., **Tomasone, J. R.**, & Gurd, B. (July 2020). SRO Twist. Raven Newsletter, Issue 5. Downtown East Side SRO Collaboration.
10. Leo, J., Bassett-Gunter, R. L., **Tomasone, J. R.**, Latimer-Cheung, A., Riddoch, C., Cathcart, M., Atchison, B. J., & Fitzpatrick, A. (2020). Disability & Exercise Online Module. Canadian Society for Exercise Physiology (CSEP).
11. Bassett-Gunter, R. L., Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, & Tristani, L. (2019). Section 9: Training for Persons Living with a Disability. Canadian Society for Exercise Physiology – Physical Activity Training for Health (CSEP-PATH) Resource Manual. Available at: <https://store.csep.ca/collections/csep-path>
12. Bassett-Gunter, R. L., Angevaere, K., Disimino, K., Langvee, J., Leo, J., **Tomasone, J. R.**, & Varughese, B. on behalf of the Canadian Disability Participation Project. (2019). Supporting Physical Activity Among People with Disabilities: Resources for Health and Recreation Practitioners. York University, Toronto, ON. Available at: <https://cdpp.ca/sites/default/files/FINAL%20CDPP%20Practitioners%20Catalogue.pdf>
13. **McEachern, B. M.**, **Tomasone, J. R.**, & Yungblut, S. (2016). Exercise is Medicine® Canada on Campus: A Knowledge Translation Casebook. Available at: http://www.exerciseismedicine.org/canada/assets/page_documents/EIMC%20on%20Campus%20Casebook%20June%208%202016.pdf
14. Brouwers, M., **Tomasone, J. R.**, Vukmirovic, M., Fitch, M., Grunfeld, E., O'Brien, M. A., Urquhart, R., Walker, M., & Webster, F. (2015). Improving coordination between primary care providers and oncology specialists: Cases from Canada. Available at: <http://canimpact.utoronto.ca/streams-and-themes/knowledge-translation/>

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1. Saunders, T. J., Rollo, S., Kuzik, N., Demchenko, I., Bélanger, S., Brisson-Boivin, K., Carson, V., da Costa, B., Davis, M., Hornby, S., Huang, W., Y., Law, B., Ponti, M., Markham, C., Salmon, J., **Tomasone, J. R.**, Van Rooij, A. J., Wachira, L.-J., Wijndaele, K., & Tremblay, M. S. (2022). International School-Related Sedentary Behaviours Recommendations . <https://www.sedentarybehaviour.org/school-related-sedentary-behaviour-recommendations/>
2. Ross, R., Chaput, J.-P., Giangregorio, L. M., Janssen, I., Saunders, T. J., Kho, M. E., Poitras, V. J., **Tomasone, J. R.**, El-Kotob, R., McLaughlin, E. C., Duggan, M., Carrier, J., Carson, V. L., Chastin, S., Latimer-Cheung, A. E., Chulak-Bozzer, T., Faulkner, G., Flood, S. M., Gazedam, M. K., Healy, G., Katzmarzyk, P., Kennedy, W., Lane, K., Lorbergs, A., Maclaren, K., Marr, S., Powell, K. E., Rhodes, R., Ross-White, A., Welsh, F., Willumsen, J., & Tremblay, M. S. (2020). Canadian 24-Hour Movement Guidelines for Adults aged 18–64 years and Adults aged 65 years or older: An Integration of Physical Activity, Sedentary Behaviour, and Sleep. <https://csepguidelines.ca/>
3. Segal, R., Zwaal, C., Green, E., **Tomasone, J. R.**, Loblaw, A., Petrella, T., and the Exercise for People with Cancer Guideline Development Group. (2015). Exercise for People with Cancer Guideline (19-5). Cancer Care Ontario: Psychosocial Oncology Evidence-Based Series. Available at <https://www.cancercare.on.ca/common/pages/UserFile.aspx?fileId=342807>

Published Abstracts (Also Refereed Conference Presentations; 107) (*indicates presenting author, trainee supervised)

1. *Mullan, M. A. R. S., Janssen, I., Sweet, S. N., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2025). Movement behaviours of post-secondary students experiencing disabilities. *Journal of Exercise, Movement and Sport*, 56(1).
 - Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Charlottetown, Prince Edward Island (October 2025).
2. *Silverman, R., Chittenden, M., Sukhai, M., Shwed, A., Gainforth, H. L., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2025). Leave no one behind: A rapid review for recruitment persons experiencing disabilities in research. *Journal of Exercise, Movement and Sport*, 56(1).
 - Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Charlottetown, Prince Edward Island (October 2025).
3. *Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (2025). Developing an evidence- and expert-informed disability-specific competency-based framework for qualified exercise professionals: Lessons learned from working in partnership. *Journal of Exercise, Movement and Sport*, 56(1).
 - Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Charlottetown, Prince Edward Island (October 2025).
4. *Juan, O., Georgopoulos, S. Kauffeldt, K. Shareck, M., Bell, S., Collins, P., Diab, E., Lachapelle, U., Manaugh, K., Couture-Ménard, M. E., Winters, M., Fuller, D., Cloutier, M.S., Laberee, K., & **Tomasone, J. R.** (2025). Equity considerations in the implementation of active transportation interventions across Canada. *Journal of Exercise, Movement and Sport*, 56(1).
 - Oral presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Charlottetown, Prince Edward Island (October 2025).
5. *Ng, N., Bedard, G. D., Mullan, M. A. R. S., Liska, T. M., Pastore, O. L., Li, C., Wong, A., **Tomasone, J. R.**, Herbison, J. D., & Sweet, S. N. Coaching behaviour change techniques to university students with physical disabilities and chronic health conditions: Preliminary results of a single-subject design intervention. (2025). *Journal of Sport and Exercise Psychology*, 47(S1), S75.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPPA) Conference, Lake Tahoe, California (June 2025).
6. *Bedard, G. D., Pastore, O. L., Herbison, J. D., **Tomasone, J. R.**, Liska, T. M., Mullan, M., Burns, A., Jeans, A., & Sweet, S. N. (2025). The daily enactment of behaviour change techniques among physically active university students with physical disabilities and chronic conditions. (2025). *Journal of Sport and Exercise Psychology*, 47(S1), S70.

- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Lake Tahoe, California (June 2025).
7. *Price, J., Kauffeldt, K., Latimer-Cheung, A., Fong, A., & Tomasone, J.R. (2025). Short-term success, long-term challenges: Piloting an exercise program for women who have completed breast cancer treatment. *Current Oncology*, 32(241), 132-133.
 - Presented at the Canadian Association of Psychosocial Oncology Conference, Toronto, Ontario (April 2025).
 8. *Walters, A.J., Wing, M., Latimer-Cheung, A. E., & Tomasone, J. R. (2024). Exploring the support needs, preferences, and expectations of persons with disabilities when working with qualified exercise professionals in an exercise context. *Journal of Exercise, Movement, and Sport*, 55(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Winnipeg, Manitoba (October 2024).
 9. *Silverman, R., Kauffeldt, K., Shareck, M., Labree, K., & Tomasone, J. R. (2024). An equity-focused viewpoint on cycling as a physical activity opportunity: A comparative case study approach in two Canadian cities. *Journal of Exercise, Movement, and Sport*, 55(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Winnipeg, Manitoba (October 2024). *Supported by a CapaCITY/É Trainee Travel award.*
 10. *Tomasone, J. R., Ng, N.J., McFadyen, I. K., Ma, J. R., & Latimer-Cheung, A. E. (2024). An incubator for best practices: Establishing a national community of practice of community-based exercise programs for persons with disabilities. *Journal of Sport and Exercise Psychology*, 46 (S1), S98.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, New Orleans, Louisiana (June 2024).
 11. *Ng, N.J., Walters, A. J., Latimer-Cheung, A. E. & Tomasone, J. R. (2023). Optimizing staff and volunteer training at community-based exercise programs for persons with disabilities across Canada: A content analysis of quality participation being fostered in program training. *Journal of Exercise, Movement, and Sport*, 54(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kingston, Ontario (October 2023).
 12. *Saadawi, N., Best, K., Pastore, O., Perinet-Lacroix, R., Tomasone, J. R., Legare, M., de Serres-Lafontaine, A. & Sweet, S. (2023). Evaluating Behaviour Change Training Modules for Kinesiologists: Enhancing Adapted Physical Activity Service Provision for Two Community Organizations. *Journal of Exercise, Movement, and Sport*, 54(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kingston, Ontario (October 2023).
 13. *Silverman, R., Michalovic, E., Cavell, M., Kauffeldt, K., Tomasone, J. R. & Latimer-Cheung, A. E. (2023). Communication as a Factor for Uptake of Intraorganizational Accessibility and Inclusivity Initiatives. *Journal of Exercise, Movement, and Sport*, 54(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kingston, Ontario (October 2023).
 14. *Walters, A.J., Tomasone, J. R., Ma, J., Chittenden, M., Leo, J., Weston, Z., Wolfe, D. & Latimer-Cheung, A. E. (2023). Disability-specific exercise prescription principles, learning opportunities and resources for exercise professionals to build competencies: A scoping review. *Journal of Exercise, Movement, and Sport*, 54(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kingston, Ontario (October 2023).
 15. *Wing, M., Walters, A.J., Tomasone, J. R. & Latimer-Cheung, A. E. (2023). Exploring the preferences and support needs of persons with sensory disabilities when working with qualified exercise professionals in an exercise context. *Journal of Exercise, Movement, and Sport*, 54(1).
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kingston, Ontario (October 2023).
 16. *Tomasone, J. R. (2023). Quality fosters quantity: Reflections from an early-career journey that has come full circle. *Journal of Sport and Exercise Psychology*, 45(S1): S2. doi: 10.1123/jsep.2023-0077/

- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Toronto, Ontario (June 2023).
17. *Kauffeldt, K. D., Faulkner, G., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2023). Exploring the barriers and facilitations to national movement behavior guideline dissemination among health promoting organizations. *Journal of Sport and Exercise Psychology*, 45(S1): S87. doi: 10.1123/jsep.2023-0077/
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 18. *Martin Ginis, K. A., Gee, C., Sinden, A., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (2023). Quality over quantity: The quality of exercise participation experiences explains more variance in subjective well-being than time spent exercising. *Journal of Sport and Exercise Psychology*, 45(S1): S93. doi: 10.1123/jsep.2023-0077/
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 19. *Morgan, T. L., Fortier, M., Jain, R., Lane, K. N., Maclaren, K., McFadden, T., Prorok, J., Robison, J., Weston, Z., & **Tomasone, J. R.** (2023). The Whole Day Matters Toolkit for Primary Care: A consensus-building study to promote optimal movement behaviors in primary care in Canada. *Journal of Sport and Exercise Psychology*, 45(S1): S97. doi: 10.1123/jsep.2023-0077/
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Toronto, Ontario (June 2023).
 20. *Mullan, M. A. R. S., McLaren, B., Man, K. E., Fong, A. L., Latimer-Cheung, A. E., & Tomasone, J. R. (2023). Exploring personal motivations for participation in community-based exercise programs designed for persons with physical disabilities. *Journal of Sport and Exercise Psychology*, 45(S1): S97. doi: 10.1123/jsep.2023-0077/
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 21. *Varkul, O. J. S., Man, K. E., Konikoff, L., Bruno, N., Konikoff, M., Yehuala, Y. S., McLaren, B., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2023). Barriers and facilitators to initial and ongoing implementation of community-based exercise programs for persons with disabilities. *Journal of Sport and Exercise Psychology*, 45(S1): S121. doi: 10.1123/jsep.2023-0077/
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 22. ***Tomasone, J. R.**, Flood, S. M., Sturrock, S. L., Ruissen, G., Fuller, D., Thompson, B., McKenna, J., Vanderloo, L. M., Ng, N., Latimer-Cheung, A. E., & Faulkner, G. (2022). Feasibility, acceptability and potential impact of a ParticipACTION app-based intervention to improve university students' movement behaviours and mental well-being: A proof-of-concept study. *Journal of Exercise, Movement, and Sport*, 53(1).
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 23. *Kauffeldt, K. D., Latimer-Cheung, A. E., Faulkner, G. E., Brouwers, M. C., Jones, R., Lane, K., Weston, Z., & **Tomasone, J. R.** (2022). The collaborative evaluation of the Canadian 24-Hour Movement Guidelines for Adults aged 18-64 years and Adults aged 65 years or older: Lessons learned and considerations for future research. *Journal of Exercise, Movement, and Sport*, 53(1).
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 24. *Morgan, T. L., Suart, T. N., Fortier, M. S., & **Tomasone, J. R.** (2022). Moving toward co-production: A collaborative process for implementing movement behaviour curricula in undergraduate medical education. *Journal of Exercise, Movement, and Sport*, 53(1).
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 25. *Varkul, O., Kauffeldt, K. D., Chulak-Bozzer, T., Faulkner, G., Jones, R., Latimer-Cheung, A. E., Lane, K. N., Weston, Z. J., & **Tomasone, J. R.** (2022). Awareness and knowledge of the Canadian 24-Hour Movement Guidelines for Adults. *Journal of Exercise, Movement, and Sport*, 53(1).

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26. *Mullan, M., A. R. S., Flood, S. M., Blackett, B., Cunningham, G., Burns, E., & **Tomasone, J. R.** (2022). Change in interventionists' movement behaviours through delivery of a peer-led support program for students with anxiety and depression: Impact of the Prescription Exercise at Queen's Program. *Journal of Exercise, Movement, and Sport*, 53(1).
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27. *Silverman, R., Konikoff, M., Konikoff, L., **Tomasone, J. R.**, DaSilva, P., & Latimer-Cheung, A. E. (2022). Priming the pump for inclusion: An exploration of factors affecting implementation of an organizational accessibility self-assessment in sport organizations. *Journal of Exercise, Movement, and Sport*, 53(1).
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Montreal, Quebec (October 2022).
28. *Walters, A. J., Shnitzer, H., Bassett-Gunter, R. L., **Tomasone, J. R.**, Vanderloo, L. M., & Latimer-Cheung, A. E. (2022). Exploring perceptions of sedentary behaviour messages among adults living with self-identified disabilities. *Journal of Exercise, Movement, and Sport*, 53(1).
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29. *Brock, R. Latimer-Cheung, A. E., **Tomasone, J. R.**, & Vanderloo, L. (2022). A knowledge translation approach to enhance mHealth interventions for persons with disabilities. *Journal of Exercise, Movement, and Sport*, 53(1).
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30. *Grimes, A. C., **Tomasone, J. R.**, Misener, L., & Latimer-Cheung, A. E. (2022). Development of evidence-informed recommendations for training volunteers at disability sport events. *Journal of Exercise, Movement, and Sport*, 53(1).
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31. *Latimer-Cheung, A. E., Koch, L., Streach, E., Sinden, A., **Tomasone, J. R.**, Morgan, T. L., Walters, A., Lawson, J., & Martin Ginis, K. A. (2022). Exploring structured vs. unstructured exercise participation for persons with disabilities. *Journal of Exercise, Movement, and Sport*, 53(1).
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Montreal, Quebec (October 2022).
32. *Bassett-Gunter, R., **Tomasone, J. R.**, Latimer-Cheung, A. E., Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., Disimino, K., Larocca, V., & Tristani, L. (2022). Evidence informed recommendations for developing physical activity messages targeting parents of children with disabilities. *Journal of Sport and Exercise Psychology*, 44(S1): S65. doi: 10.1123/jsep2022-0071
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Waikoloa, Hawaii (May 2022).
33. *Murray, R. M., Smith-Turchyn, J., Fong, A. J., McDonough, M. H., Santa Mina, D., Arbour-Nicitopoulos, K. P., Trinh, L., Jones, J. M., Bender, J. L., Culos-Reed, N., **Tomasone, J. R.**, Vani, M. F., & Sabiston, C. M. (2022). Partnering women diagnosed with breast cancer: Associations between daily social support and exercise across three weeks. *Journal of Sport and Exercise Psychology*, 44(S1): S99. doi: 10.1123/jsep2022-0071
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Waikoloa, Hawaii (May 2022).
34. ***Tomasone, J. R.**, Varkul, O., Kauffeldt, K. D., Chulak-Bozzer, T., Brouwers, M. C., Duggan, M., Flood, S. M., Jones, R., Lane, K. N., Latimer-Cheung, A. E., & Faulkner, G. Awareness of the 24-Hour Movement Guidelines for Adults over time among adults living in Canada. *Journal of Sport and Exercise Psychology*, 44(S1): S115. doi: 10.1123/jsep2022-0071
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Waikoloa, Hawaii (May 2022).

35. *Grimes, A. C., Koch, L. C., Sartor, J. D., Latimer-Cheung, A. E., Evans, M. B., Shirazipour, C. H., Sinden, A. R., **Tomasone, J. R.**, & Martin Ginis, K. A. (2021). Influence of competition level and sport type on quality experiences of athletes with a physical disability. *Journal of Exercise, Movement, and Sport (SCAPPS refereed abstracts repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2583>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
36. *Bruno, N., **Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Davies, T., & Latimer-Cheung, A. E. (2021). Utilizing knowledge translation to enhance quality participation in recreational sport programming for children with intellectual and developmental disabilities. *Journal of Exercise, Movement, and Sport (SCAPPS refereed abstracts repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2566>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
37. *Sartor, J. D., Latimer-Cheung, A. E., Sweet, S. N., Thompson, B. H., & **Tomasone, J. R.** (2021). Exploring the relationship between quality and quantity of participation in an online community-based exercise program. *Journal of Exercise, Movement and Sport (SCAPPS Refereed Abstracts Repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2699>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
38. *Koch, L. C., Evans, M. B., Latimer-Cheung, A. E., Sweet, S. N., Man, K. E., Shirazipour, C. H., Martin Ginis, K. A., & **Tomasone, J. R.** (2021). Exploring the measurement of quality participation over time in exercise for persons with physical disabilities. *Journal of Exercise, Movement, and Sport (SCAPPS refereed abstracts repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2671>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
39. *Morgan, T. L., Romani, C., Ross-White, A., Latimer-Cheung, A., & **Tomasone, J. R.** (2021). Dissemination and implementation strategies for physical activity guidelines among adults with disability, chronic conditions, and pregnancy: A systematic scoping review. *Journal of Exercise, Movement, and Sport, (SCAPPS refereed abstracts repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2684>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
40. *Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (2021). Exploring and testing of a generic messaging approach to the Canadian 24-Hour Movement Guidelines for Adults. *Journal of Exercise, Movement and Sport (SCAPPS Refereed Abstracts Repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2708>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
41. *Giouridis, N., Flood, S. M., McKenna, J., Gierc, M., Faulkner, G., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2021). Exploring first-year university students' barriers and facilitators to meeting the recommendations in the Canadian 24-Hour Movement Guidelines for Adults. *Journal of Exercise, Movement and Sport (SCAPPS Refereed Abstracts Repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2660>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
42. *Kauffeldt, K. D., Gainforth, H. L., Latimer-Cheung, A. E., Faulkner, G. E., & **Tomasone, J. R.** (2021). The use of social network analysis to examine knowledge translation opportunities across organizational networks. *Journal of Exercise, Movement and Sport (SCAPPS Refereed Abstracts Repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2669>
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
43. *Pastore, O. L., Jarry, F., Zou, J., Sofranos, N., **Tomasone, J. R.**, Martin, L. J., & Sweet, S. N. (2021). The effect of model similarity on exercise self-efficacy among adults recovering from a stroke: A mixed-methods study. *Journal of Exercise, Movement, and Sport (SCAPPS Refereed Abstracts Repository)*, 52(1). <https://www.scapps.org/jems/index.php/1/article/view/2693>

- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Virtual Conference (October 2021).
44. *Disimino, K., Larocca, V., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Bassett-Gunter, R. L. (2021). Implementing recommendations for the development and dissemination of physical activity messages targeting parents of children with disabilities. *Journal of Sport & Exercise Psychology*, 18(13), 7046. doi: 10.3390/ijerph18137046
 - Presented at North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Virtual Conference (June 2021)
 45. *Fong, A. J., Sabiston, C. M., Nadler, M. B., Sussman, J., Langley, H., Holden, R., Stokes-Noonan, M., & Tomasone, J. R. (2021). Developing a recommendation guide to facilitate physical activity counselling in oncology care in Canada. *Annals of Behavioural Medicine*, 55(1), S141.
 - Presented at Society of Behavioral Medicine Conference, Virtual Conference (April 2021)
 46. *Gierc, M., Calderhead, S., & **Tomasone, J. R.** (2021). A day in the life: A longitudinal investigation of the psychological correlates of postsecondary students' sedentary behaviour. *Annals of Behavioural Medicine*, 55(1), S6.
 - Presented at Society of Behavioral Medicine Conference, Virtual Conference (April 2021)
 47. *Larocca, V., McKinnon, A., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Bassett-Gunter, R. L., (2020). Understanding optimal message development and dissemination regarding physical activity support among parents of children with and without disabilities: A systematic scoping review. *Journal of Sport and Exercise Psychology*, 42(S1):S89.
 - Presented at North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Virtual Conference (June 2020)
 48. *Fong, A. J., Saxton, H. R., Kauffeldt, K. D., Sabiston, C. M., & **Tomasone, J. R.** (2020). "We're all in the same boat together": Exploring quality participation experiences in dragon boat teams for breast cancer survivors.
 - Accepted for the Society for Behavioural Medicine Conference, San Francisco, California (April 2020)(conference cancelled due to COVID-19).
 49. *Neil-Sztramko S. E., Smith-Turchyn, J., Fong, A., Kauffeldt, K. D., Tomasone, J. R. (2020). Community-based exercise programs for cancer survivors: Using the Consolidated Framework for Implementation Research to identify barriers and facilitators to program implementation: 1982 Board# 7 May 28 3: 45 PM-5: 45 PM. *Medicine & Science in Sports & Exercise*, 52(7).
 - Presented at the World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise in Regenerative Medicine and of the American College of Sports Medicine. San Francisco (May 2020).
 50. *Williams, J. S., D'Urzo, K. A., Newton, K. A., Walsh, J. J., Day, T. A., & **Tomasone, J. R.** (2019). Investigating experiential profiles and psychological constructs during a high-altitude trekking expedition to Everest Base Camp. *Applied Physiology, Nutrition and Metabolism*, 44(10), Suppl. 2: S118.
 - Presented at the Canadian Society for Exercise Physiology (CSEP) Annual General Meeting, Kelowna, British Columbia (November 2019).
 51. ***Tomasone, J. R.**, Man, K., Sartor, J., Andrusko, K., Martin Ginis, K. A., & Latimer-Cheung, A. (2019). "On-the-ground" strategy matrix for fostering quality participation among persons with disabilities in community-based exercise programs. *Journal of Exercise, Movement, and Sport*, 51(1), 257.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
 52. *Bassett-Gunter, R., Angevaere, K., **Tomasone, J. R.**, Leo, J., Varughese, B., Langvee, J., Disimino, K., & Martin Ginis, K. A. (2019). A systematic scoping review: Resources targeting the training and education of health and recreation practitioners to support physical activity among people with physical disabilities. *Journal of Exercise, Movement, and Sport*, 51(1), 179.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).

53. *Giouridis, N. A., Williams, T. L., & **Tomasone, J. R.** (2019). Physical activity promotion to people with spinal cord injury by health professionals: A scoping review. *Journal of Exercise, Movement, and Sport*, 51(1), 202.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
54. *Man, K., Fong, A., Latimer-Cheung, A., Sweet, S., Smith, B., Evans, M. B., Sartor, J., Shirazipour, C., & **Tomasone, J. R.** (2019). Exploring quality participation among adults with physical disabilities in a community-based exercise program: A mixed methods collective case study approach. *Journal of Exercise, Movement, and Sport*, 51(1), 219.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
55. *Kauffeldt, K. D., Fong, A. J., Sabiston, C. M., & **Tomasone, J. R.** (2019). Closing the gap: an environmental scan to identify physical activity resources for breast cancer survivors in Ontario. *Journal of Exercise, Movement, and Sport*, 51(1), 210.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
56. *Flood, S. M., D'Urzo, K., Shallow, S., Howse, K., Dobrowolski, S., & **Tomasone, J. R.** (2019). Determining the impact of an educational intervention on family medicine residents' social cognitions and behaviour for discussing physical activity. *Journal of Exercise, Movement, and Sport*, 51(1), 198.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
57. *Flood, S. M., Leung, P. P., Woolnough, F., Blackett, B., Bambrick, T., & **Tomasone, J. R.** (2019). Prescription Exercise at Queen's: A prospective program evaluation of physical activity effects among university students with depression and anxiety. *Journal of Exercise, Movement, and Sport*, 51(1), 199.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
58. *Morgan, T., McFadden, T., Fortier, M. S., **Tomasone, J. R.**, & Sweet, S. N. (2019). Investigating the demographic and behavioural predictors of burnout in first to fourth year medical students. *Journal of Exercise, Movement, and Sport*, 51(1), 229.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
59. *McFadden, T., Fortier, M.S., Sweet, S. N., & **Tomasone, J. R.** (2019). Physical activity participation and mental health profiles in Canadian medical students: Latent profile analysis using continuous latent profile indicators. *Journal of Exercise, Movement, and Sport*, 51(1), 222.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Vancouver, British Columbia (October 2019).
60. *Allin, S., Shepherd, J., Munce, S., Thorson, T., Chernesky, J., **Tomasone, J. R.**, Linassi, G., Anzai, K., McBride, C., & Jaglal, S. (2019). Online health coaching for Canadians with spinal cord injury: SCI&U pilot results. *Journal of Spinal Cord Medicine*, 41 (Suppl 1), 242.
 - Poster presented at the Canadian Spinal Cord Injury Research Association (CSCIRA) Conference, Niagara Falls, Ontario (October 2019).
61. *Morgan, T., McFadden, T., Fortier, M. S., **Tomasone, J. R.**, & Sweet, S. N. (2019). Predictors of mental health, physical activity, and sedentary behaviour in first to fourth year medical students.
 - Presented at the European Federation of Sport Psychology (FEPSAC) Conference, Munster, Germany.
62. *Nadler, M., Bainbridge, D., Fong, A. J., Sussman, J., **Tomasone, J. R.**, & Neil-Sztramko, S.. (June 2019). Moving Cancer Care Ontario's Exercise for People with Cancer guidelines into oncology practice: Using the Theoretical Domains Framework to validate a questionnaire. *Supportive Care in Cancer*, 27(1): Suppl 1, eP602.
 - Presented at the Multinational Association of Supportive Care in Cancer Conference (MASCC), San Francisco, California.
63. *Williams, T., Lozano, L., & **Tomasone, J. R.** (2019). Exploring narratives of physical activity and disability using story completion. *BMJ Open*, 9 (Suppl. 1): A13-A14. doi: 10.1136/bmjopen-2019-QHRN.35

- Presented at the Qualitative Health Research Network Conference, London, U. K. (March 2019)
64. *Tristani, L., **Tomasone, J. R.**, Fraser-Thomas, J., & Bassett-Gunter, R. (2018). "It's about having the right tools for the job": A qualitative examination of factors related to the uptake and adoption of inclusive physical education resources. *Journal of Exercise, Movement and Sport*, 50(1), s196.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Toronto, Ontario (October 2018).
65. *Allan, V., Flood, S. M., Wright Stein, S., Latimer-Cheung, A. E., Jetha, A., & **Tomasone, J. R.** (2018). Revved Up: The influence of volunteer experience on career path. *Journal of Exercise, Movement, and Sport*, 50(1), s208.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Toronto, Ontario (October 2018).
66. *Andrusko, K., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2018). A snapshot of quality participation in physical activity for individuals with developmental disabilities: A photo elicitation study. *Journal of Exercise, Movement, and Sport*, 50(1), s209.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Toronto, Ontario (October 2018).
67. *Kauffeldt, K., Sabiston, C., & **Tomasone, J. R.** (2018). "It has to be more than exercise": Exploring optimal physical activity program delivery for breast cancer survivors across multiple stakeholder groups in cancer care. *Journal of Exercise, Movement, and Sport*, 50(1), s256.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Toronto, Ontario (October 2018).
68. *Man, K. E., Williams, T. L., Shirazipour, C. H., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2018). "It's not something that we just do for the sake of doing": Volunteers' experiences of quality participation in a community-based exercise program for people with physical disabilities. *Journal of Exercise, Movement, and Sport*, 50(1), s264.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Toronto, Ontario (October 2018).
69. *Baron, J., **Tomasone, J. R.**, Curran, D., Miller, R., & Grimshaw, J. (November 2017). Barriers and facilitators to skin care in people with spinal cord injury. *Journal of Spinal Cord Medicine*, 40 (6), 813-869. doi: 10.1080/10790268.2017.1369666
- Presented at the 7th National Spinal Cord Injury Conference, Niagara Falls, Ontario (November 2017).
70. *Weissman, S., Lithopoulos, A., **Tomasone, J. R.**, Latimer-Cheung, A. E. (2017). Exploring staring behaviours towards images of physically active individuals with a physical disability. *Journal of Exercise, Movement, and Sport*, 49(1), 207.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
71. *Man, K., D'Urzo, K., Caron, J., Latimer-Cheung, A. E., & **Tomasone, J. R.** (2017). An exploration of the strategies used to foster quality participation in community-based physical activity programs for persons with physical disabilities. *Journal of Exercise, Movement, and Sport*, 49(1), 182.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
72. *D'Urzo, K., Man, K., Latimer-Cheung, A.E., & **Tomasone, J. R.** (2017). Identifying 'real-world' initiatives for evidence-based physical activity practice: A case study of community-based physical activity programs for persons with physical disability in Canada. *Journal of Exercise, Movement, and Sport*, 49(1), 80.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
73. *D'Urzo, K., Johnson, A., McEachern, B., McPhee, I., Brennan, A., Fenuta, A., Lau, R., Shirazipour, C., & **Tomasone, J. R.** (2017). Investigating gender differences in physical activity behaviour and cognitions among first-year medical students. *Journal of Exercise, Movement, and Sport*, 49(1), 79.

- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
74. *Flood, S., **Tomasone, J. R.**, Ma, J., Scime, N., Burke, S., Sleeth, L., Marracco, S., & The SCIRE Research Team. (2017). Physical activity self-management interventions for adults with spinal cord injury: Part 1 - A systematic review of the use and effectiveness of behaviour change techniques. *Journal of Exercise, Movement, and Sport*, 49(1), 164.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
75. *Burke, S., **Tomasone, J. R.**, Scime, N. V., Ma, J., Harden, S., Wolfe, D., & The SCIRE Research Team. (2017). Physical activity self-management interventions for adults with spinal cord injury: Part 2 – Exploring the generalizability of findings from research to practice. *Journal of Exercise, Movement, and Sport*, 49(1), 155
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
76. ***Kauffeldt, K.**, **Tomasone, J. R.**, Chaudhary, R., & Brouwers, M C. (2017). Identifying effective physical activity guideline dissemination and implementation strategies on health care professionals in a cancer care context: A systematic review. *Journal of Exercise, Movement, and Sport*, 49(1), 175.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, St. John's, Newfoundland (October 2017).
77. *Tristani, L., Bassett-Gunter, R. L., & **Tomasone, J. R.** (2017). Identifying predictors of intentions to implement inclusive physical education. *Journal of Sport and Exercise Psychology*, 39 (Supplement): S325.
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, San Diego, California (June 2017)
78. *Volfson, Z., McPherson, A., **Tomasone, J. R.**, Faulkner, G., & Arbour-Nicitopoulos, K. P. (2016). Examining factors of physical activity participation in youth with spina bifida. *Journal of Exercise, Movement, and Sport*, 48(1), 236.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, Ontario (October 2016).
79. *Orr, K., Tamminen, K. A., Sweet, S. N., **Tomasone, J. R.**, & Arbour-Nicitopoulos, K. P. (2016). “Not just about the sport”: Exploring the sport and peer experiences of youth with physical disabilities. *Journal of Exercise, Movement, and Sport*, 48(1), 208.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, Ontario (October 2016).
80. ***Tomasone, J. R.**, **McEachern, B. M.**, & Yungblut, S. (2016). Exercise is Medicine® Canada on Campus Casebook: Investigating the development, composition and experiences of Exercise is Medicine® Canada on Campus groups. *Journal of Exercise, Movement, and Sport*, 48(1), 232.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, Ontario (October 2016).
81. ***Tomasone, J. R.**, **McEachern, B. M.**, & Yungblut, S. (2016). Exploring barriers and facilitators to the implementation of Exercise is Medicine® Canada on Campus groups. *Journal of Exercise, Movement, and Sport*, 48(1), 231.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, Ontario (October 2016).
82. Tristani, L., **Tomasone, J. R.**, Gainforth, H., Ruscitti, R., & Bassett-Gunter, R. L. (2016). Taking steps to inclusion: A content analysis of a teaching resource aimed to enhance inclusive physical education. *Journal of Exercise, Movement, and Sport*, 48(1), 233.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, Ontario (October 2016).
83. *Fenuta, A. M., Brennan, A. M., D’Urzo, K. A., Lau, R. J., Shirazipour, C. H., Johnson, A. M., McPhee, I. A. C., **McEachern, B. M.**, **Hefnawi, B.**, & **Tomasone, J. R.** (2016). A quality assessment study of Exercise is Medicine Canada at Queen’s University Ontario Medical Students’ Weekend health and wellness workshop. *Applied Physiology, Nutrition, & Metabolism*, 41 (9(Suppl. 4)): S356. doi: 10.1139/apnm-2016-0366

- Presented at the Canadian Society for Exercise Physiology (CSEP) Annual General Meeting, Victoria, British Columbia (October 2016).
 - ***Finalist for Certified Member Award at Conference***
84. *D'Urzo, K. A., Brennan, A. M., Fenuta, A. M., Houlden, R., & **Tomasone, J. R.** (2016). Integrating exercise counselling into the medical school curriculum: Evaluating a workshop-based approach. *Applied Physiology, Nutrition & Metabolism*, 41 (9(Suppl. 4)): S352. doi:10.1139/apnm-2016-0366
 - Presented at the Canadian Society for Exercise Physiology (CSEP) Annual General Meeting, Victoria, British Columbia (October 2016).
 85. ***Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Estabrooks, P. A., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2016). A RE-AIM evaluation of a telephone-based leisure time physical activity counseling service for adults with spinal cord injury. *Journal of Sport & Exercise Psychology*, 38, S264.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Montreal, Quebec (June 2016).
 86. *Sharma, R., McEachern, B. M., Arbour-Nicitopoulos, K. P., & **Tomasone, J. R.** (2016). Assessing the impact of Moving to Inclusion (MTI) Online. *Journal of Sport & Exercise Psychology*, 38, S254.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Montreal, Quebec (June 2016).
 87. *Orr, K., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Martin Ginis, K. A. (2016). Moving with technology: Adapting a telephone-based physical activity counseling service for adults with disabilities. *Journal of Sport & Exercise Psychology*, 38, S239.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Montreal, Quebec (June 2016).
 88. ***Tomasone, J. R.**, Segal, R., Zwaal, C., Green, E., Petrella, T., & Loblaw, A. (2015). The development of evidence-based exercise guidelines for people with cancer. *Journal of Exercise, Movement, and Sport*, 47(1), 233.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Edmonton, Alberta (October 2015).
 89. *Ma, J.K., Mallory, K. D., **Tomasone, J. R.**, & Martin Ginis, K. A. (2015). Are we really moving people to move? A systematic review of physical activity intervention effectiveness in persons with physical disability. *Journal of Exercise, Movement, and Sport*, 47(1), 198.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Edmonton, Alberta (October 2015).
 90. ***Tomasone, J. R.**, Pulkkinen, W., Martin Ginis, K. A., Yang, J., & Krassioukov, A. (2014). The “ABCs of AD”: A pilot test of an online educational module to increase use of the autonomic dysreflexia clinical management guidelines among paramedic and nurse trainees. *The Journal of Spinal Cord Medicine*, 37(5), 653.
 - Presented at the 6th National Spinal Cord Injury Conference, Toronto, Ontario (October 2014).
 - ***Top Student Research Submission Award***
 91. *Jeske, S., **Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Ginis, S., & Martin Ginis, K. A. (2014). Knowledge Mobilization Training Series (KMTS) quality improvement study. *The Journal of Spinal Cord Medicine*, 37(5), 646 (Abstract ID #42).
 - Presented at the 6th National Spinal Cord Injury Conference, Toronto, Ontario (October 2014).
 92. Lamontagne, M-E., Arbour-Nicitopoulos, K. P., ***Tomasone, J. R.**, Cummings, I., Latimer-Cheung, A. E., & Routhier, F. (2014). From Get in Motion to Passez à l'Action: Challenges associated with the implementation of a theory-based program to increase physical activity among adults with spinal cord injury. *The Journal of Spinal Cord Medicine*, 37(5), 634 (Abstract ID #26).
 - Presented at the 6th National Spinal Cord Injury Conference, Toronto, Ontario (October 2014).
 93. Arbour-Nicitopoulos, K. P., Lamontagne, M-E., ***Tomasone, J. R.**, Pila, E., Cummings, I., Latimer-Cheung, A. E., & Routhier, F. (2014). Why do I stick to the program? A qualitative analysis of the determinants of adherence to community-based physical activity support programs by persons with spinal cord injury and contrast with general population with disabilities. *The Journal of Spinal Cord Medicine*, 37(5), 626 (Abstract ID #15).
 - Presented at the 6th National Spinal Cord Injury Conference, Toronto, Ontario (October 2014).

94. ***Tomasone, J. R.** (2014). Lessons learned from “Changing Minds” to increase health care professionals’ intentions to discuss physical activity with patients with a physical disability. *Journal of Exercise, Movement, and Sport*, 46(1), 226.
 - Invited symposium presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, London, Ontario (October 2014).
95. ***Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (2014). Get in Motion 2.0: The relationship between the implementation and effectiveness of a real-world leisure-time physical activity telephone counseling service for adults with spinal cord injury. *Journal of Exercise, Movement, and Sport*, 46(1), 227.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, London, Ontario (October 2014).
96. ***Orr, K.**, Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Martin Ginis, K. A. (2014). Get In Motion: More than leisure-time physical activity participation. *Journal of Exercise, Movement, and Sport*, 46(1), 191.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, London, Ontario (October 2014).
97. ***Tomasone, J. R.**, Martin Ginis, K. A., Estabrooks, P. A., & Domenicucci, L. (2013). Key ingredients for “Changing Minds”: Determining the effectiveness and effective ingredients of an educational intervention to enhance health care professionals’ intentions to prescribe physical activity. *Journal of Exercise, Movement, and Sport*, 45(1), 197.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kelowna, British Columbia (October 2013).
98. ***Tomasone, J.R.**, Arbour-Nicitopoulos, K. A., Ginis, S., Jeske, S., & Martin Ginis, K.A. (2013). Promoting physical activity in the spinal cord injury community through educating and empowering health care professionals: SCI Action Canada’s Knowledge Mobilization Training Series. *Journal of Exercise, Movement, and Sport*, 45(1), 196.
 - Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Kelowna, British Columbia (October 2013).
99. ***Tomasone, J. R.**, Martin Ginis, K. A., Estrabrooks, P. A. (2013). “*Changing Minds*” is the first step to “*Changing Lives*”: The effectiveness of a seminar-mediated educational intervention on the leisure-time physical activity cognitions of health care professionals across Canada. *Journal of Sport & Exercise Psychology*, 35, S117.
 - Presented at North American Society for the Psychology of Physical Activity and Sport (NASPPSA) Conference, New Orleans, Louisiana (June 2013).
100. ***Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2012). Doing what the Guidelines say: Increasing awareness, knowledge, and adherence to the Physical Activity Guidelines for Adults with Spinal Cord Injury through the Get in Motion telephone-based counseling service. *The Journal of Spinal Cord Medicine*, 35, 440 (Abstract ID #31).
 - Presented at the 5th National Spinal Cord Injury Conference, Toronto, Ontario (October 2012).
101. ***Tomasone, J. R.**, Meikle, N., & Bray, S. R. (2012). The road to behaviour is paved with good intentions... and willpower: Intentions and trait self-control predict fruit and vegetable consumption during the transition to first-year university. *Journal of Exercise, Movement, and Sport*, 44(1), 185.
 - Poster presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Halifax, Nova Scotia (October 2012).
102. ***Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2012). Who’s in Motion? The reach and effectiveness of *Get in Motion*: A telephone-based leisure-time physical activity counseling service for Canadian adults with spinal cord injury. *Journal of Sport and Exercise Psychology*, 34, S294.
 - Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPPSA) Conference, Waikiki, Hawaii (June 2012).

103. ***Tomasone, J. R.**, Martin Ginis, K. A., Domenicucci, L., & Estabrooks, P. A. (2012). *Changing Minds, Changing Lives: A preliminary investigation of a national knowledge translation initiative to increase physical activity and parasport participation in Canada*. *Journal of Sport and Exercise Psychology*, *34*, S293.
- Poster presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Waikiki, Hawaii (June 2012).
104. *Latimer-Cheung, A. E., **Tomasone, J. R.**, Rhodes, R. E., Kho, M. E., Gainforth, H. L., Kowalski, K., Nasuti, G., Perrier, M. J. & The CPAG Messaging Recommendation Workgroup. (2012). Developing evidence-based messages for translating physical activity guidelines into practice. *Annals of Behavioral Medicine*, *43*(1), ss93.
- Presented at the Society of Behavioral Medicine (SBM) Conference, New Orleans, Louisiana (May 2012).
105. ***Tomasone, J. R.**, Martin Ginis, K. A., Latimer, A. E., Bassett, R. L., & Wolfe, D. L. (2011). Thoughts matter: HAPA model variables for leisure-time physical activity differ across active and inactive people with spinal cord injury. *Journal of Sport and Exercise Psychology*, *33*, S191.
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Burlington, Vermont (June 2011).
106. *Saville, P. D., **Tomasone, J. R.**, McEwan, D. A., & Martin Ginis, K. A. (2011). Theoretical content analysis of physical activity websites targeting people with depression. *Journal of Sport and Exercise Psychology*, *33*, S181-182.
- Presented at the North American Society for the Psychology of Physical Activity and Sport (NASPSPA) Conference, Burlington, Vermont (June 2011).
107. *Latimer, A. E., Brawley, L. R., Martin Ginis, K. A., Prapavessis, H., & **Tomasone, J. R.** (2010). Active Homes: A preliminary evaluation of a peer-mediated, home-based strength training session for people with paraplegia. *Journal of Exercise, Movement, and Sport*, *42*(1), 123.
- Presented at the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS), Ottawa, Ontario (October 2010).

Non-Academic Publications (4) (student supervised)

1. Orr, K., & **Tomasone, J. R.** (October 2014). University of Toronto students doing their part for an all-inclusive barrier free Toronto. Spinal Cord Injury Ontario's Public Policy Program website. Available at <http://alliance.sciontario.org/node/211>
2. **Tomasone, J. R.** (June 2013). Get in Motion: A free, evidence-based telephone-based physical activity for Canadian adults with SCI. PAR-QOL Online Newsletter. Available at <http://www.parqol.com/newsletters.cfm>
3. **Tomasone, J. R.** (Winter 2013). The latest research: Why do I need support to keep motivated? And where can I get it? *Outspoken!* (Spinal Cord Injury Ontario's Quarterly Magazine).
4. **Tomasone, J. R.** (Winter 2012). Get in Motion: A free telephone-based physical activity counselling service for Canadian adults with SCI. *Outspoken!* (Spinal Cord Injury Ontario's Quarterly Magazine).

CONFERENCE PRESENTATIONS (* indicates presenting author; student supervised)

Peer-Reviewed Conference Presentations without Published Abstracts (48)

1. *Bedard, G. D., Pastore, O. L., Herbison, J. D., **Tomasone, J. R.**, Liska, T. M., Mullan, M. A. R. S., & Sweet, S. N. (June 2026). The relationship between behaviour change techniques and physical activity among students with disabilities: A secondary analysis. Oral presentation at the Canadian Psychological Association Conference, Montreal, Quebec.
2. *Price, J., Bundon, A., Peers, D., Natho, K., Rodgers, C.D., Sukhai, M., Ma, J., & **Tomasone, J.R.** (May 2026). Who gets to belong? Disability discourses on Canadian kinesiology program websites. Oral presentation at Qualitative Research in Sport and Exercise Conference, Toronto, Canada.
3. *Nageswaran, L. & **Tomasone, J. R.** (April 2026). An adapted conceptual framework to identity and interpret structural ableism in medical education. Poster presentation at the International Congress on Academic Medicine, Ottawa, Ontario.

4. *Manning, O. J., **Tomasone, J. R.**, Finlayson, M., & DePaul, V. (October 2025). Development of recommendations for a water-based therapeutic exercise program for community stroke survivors. Oral presentation at the World Stroke Congress, Barcelona, Spain.
5. *Manning, O. J., **Tomasone, J. R.**, Finlayson, M., & DePaul, V. (May 2025). Development of a community water-based therapeutic exercise program for stroke survivors: A modified Delphi study. Presented at the European Stroke Organization Conference, Helsinki, Finland.
6. *Winters, M., Cloutier, M.-S., Fuller D., Laberee, K. Shareck, M., **Tomasone, J. R.**, McCulloch, E., Harris M. A., Rothma, L., Kestens, Y., Kauffeldt, K., Moore, S., Kirk, S. F. L., Pearson, L., Macpherson, A., & Beck, B. (May 2025). Applying implementation science approaches in healthy cities' research and practice: Insights from the 'Building CapaCITY/É for Sustainable Transportation' team. Presented at the Canadian Public Health Association Conference, Winnipeg, Manitoba
7. *Shareck, M., **Tomasone, J. R.**, Kauffeldt, K., Laberee, L., Bell, S., Fuller, D., Lachapelle, U., Diab, E., Moore, S., Cloutier, M.-S., & Winters, M. (November 2024). Equity considerations in All Ages and Abilities bicycle network implementation: Evidence from nine Canadian cities as part of the CapaCITY/E project. Presented at Urban Transitions, Sitges, Spain.
8. *Shareck, M., **Tomasone, J. R.**, Kauffeldt, K., Laberee, L., Bell, S., Collins, P., Couture-Ménard, M. E., Lachapelle, U., Diab, E., Beck, B., Pearson, L., Cloutier, M.-S., Fuller, D., & Winters, M. (July 2024). Building CapaCITY/É for Sustainable Transportation: Documenting Implementation Processes and Outcomes in Nine Canadian Cities. Presented at the 2024 International Medical Geography Symposium, Atlanta, Georgia.
9. *Jackson, A., *Cardwell, K., Finlayson, M., **Tomasone, J. R.**, O'Sullivan, T., Pilutti, L., Fakolade, A. (May 2024). Developing a toolkit to enhance multiple sclerosis caregiver resilience and wellbeing: Preliminary insights from key stakeholders. Presented at the 2024 Annual Meeting of the Consortium of Multiple Sclerosis Centers, Nashville, Tennessee.
10. *Kuzik, N., Saunders, T. J., Rollo, A. S., Demchenko, I., Bélanger, S., Brisson-Boivin, K., Carson, V., da Costa, B. G. G., Davis, M., Hornby, S., Huang, W. Y., Law, B., Ponti, M., Markham, C., Salmon, J., **Tomasone, J. R.**, Van Rooij, A. J., Wachira, L. J., Wijndaele, K., & Tremblay, M. S. (June 2023). International school-related sedentary behaviour recommendations for children and youth. Presented at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, Uppsala, Sweden.
11. *Iziduh, S., Dhakal, S., Sihota, R., Ye, A., Friedenreich, C. M., Khanlou, N., Sabiston, C. M., Smith-Turchyn, J., **Tomasone, J. R.**, Gagliardi, A.R. (May 2023). Raising awareness about physical activity's role in reducing cancer risk: Qualitative interviews with immigrant women and community agency managers. Presented at the 2023 Canadian Association for Health Services & Policy Research, Montreal, Canada.
12. *van Allen, Z., Bacon, S. L., Bernard, P., Brown, P., Desroches, S. Kastner, M., Lavoie, K. L., Marques, M., McCleary, N., Straus, S. Taljaard, M., Thavorn, K., **Tomasone, J. R.**, & Pesseau, J. (June 2022). Clustering of health behaviours in Canadians: A multiple behaviour analysis of data from the Canadian Longitudinal Study on Aging. Presented at the Canadian Psychological Association Annual National Convention, Calgary, Alberta.
13. ***Tomasone, J. R.**, Latimer-Cheung, A. E., Duggan, M., Faulkner, G., Flood, S. M., Jones, R., Lane, K. N., & Brouwers, M. C. (May 2022). Inclusive movement behaviour guideline messaging: A subtle change with ripple effects. Presented at the Knowledge Translation Canada Scientific Meeting (Virtual conference).
14. *Morgan, T. L., Fortier, M. S., **Tomasone, J. R.** (May 2022). A scoping review of tools to guide clinical discussions on physical activity, sedentary behaviour, and/or sleep for health promotion between health care providers and adults who access care. Presented at the Knowledge Translation Canada Scientific Meeting (Virtual conference).
15. ***Tomasone, J. R.**, Flood, S. M., Thompson B. H., Blackett, B., Brouwers, M. B., Chulak-Bozzer, R., Di Sabastino, K. M., Dolf, M., Duggan, M., Fuller, D., Lane, K., Latimer-Cheung, A. E., , Vanderloo, L. M., & Faulkner, G. (October 2021). Development of a multiple behaviour change intervention for post-secondary students using the 24-Hour Movement Guidelines. Presented at the International Society for Physical Activity and Health (ISPAH) Congress (Virtual conference).
16. *Sinden, A. R., Latimer-Cheung, A. E., **Tomasone, J. R.**, & Martin Ginis, K. A. (September 2021). Quality over quantity: The quality of physical activity participation experiences is a stronger predictor of quality of life

- than time spent participating in physical activity. Presented at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting (Virtual conference).
17. *Lawrason, S. V. C., **Tomasone, J. R.**, Olsen, K., & Martin Ginis, K. A. (September 2021). "I'm glad I can walk, but sometimes it's so challenging that it's an inconvenience to myself and others": Experiences in physical activity among individuals with SCI who ambulate. Presented at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting (Virtual conference).
 18. *Blackett, B., Humphrys, K., Flood, S., & **Tomasone, J. R.** (August 2021). Prescription Exercise at Queen's (PEQ) COVID edition. Presented at the Collaborations for Change (Virtual Conference).
 19. *Faulkner, G., Wunderlich, K., Weatherson, K.A., Joopally, H., Kwan, M.Y., & **Tomasone, J.R.** (August 2021). Post-secondary students' adherence to the Canadian 24-Hour Movement Guidelines for Adults and Mental Health: Results from the first deployment of the Canadian Campus Wellbeing Survey (CCWS). Connecting Research and Practice in Post-Secondary Mental Health (Virtual Conference).
 20. *Vader, K., Quinn, B., Abrams, T., Bisson, E. J., Cantello, D., Doulas, T., Earl, S., Latimer-Cheung, A. E., Miller, J., **Tomasone, J. R.** (April 2021). Experiences participating in a community-based exercise program tailored for adults living with chronic pain: an interpretive phenomenological analysis. Presented at the Canadian Pain Society Annual Scientific Meeting, Virtual Meeting.
 21. ***Tomasone, J. R.** (October 2020). An integrated knowledge translation approach to the dissemination and implementation of Canada's New 24-Hour Movement Guidelines for Adults 18-64 years and Adults 65+ Years. Included as part of an invited symposia (National physical activity guidelines: Closing the gap between development and implementation) at the International Society for Physical Activity and Health Virtual Congress.
 22. *Sinden, A. R., Latimer-Cheung, A. E., **Tomasone, J. R.**, & Martin Ginis, K. A. (September 2020). Quality over quantity: The quality of physical activity participation experiences is a stronger predictor of quality of life than time spent participating in physical activity. Accepted for presentation at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting (cancelled due to COVID-19).
 23. *Manning, O., Finlayson, M., **Tomasone, J.R.**, Norman, K., & DePaul, V. (October 2019). Embracing complexity in the development of a community-based exercise transition program for community-dwelling individuals with chronic Stroke: Results of a scoping review. Presented at the Canadian Stroke Congress, Ottawa, Ontario.
 24. *Middleton, L., Freeman, S., Bechard, L., Pettersen, J. A., **Tomasone, J. R.**, Dupuis, S., Regan, K., & Ferris, R. (July 2019). From barriers to behaviour change: Exercise providers may be key to enabling exercise among people living with dementia. Presented at the Alzheimer's Association International Conference, Los Angeles, California.
 25. *D'Urzo, K., Flood, S., Dobrowolski, S., Shallow, S., Howse, K., D'Urzo, A., & **Tomasone, J. R.** (April 2019). Determining the impact of an educational intervention on family medicine residents' social cognitions and behaviour for discussing physical activity. Presented at the University of Toronto Department of Community and Family Medicine Conference, Toronto, Ontario.
 26. ***Tomasone, J. R.**, Williams, T. L., Jackson, J., & Latimer-Cheung, A. E. (June 2018). Operationalizing quality participation in a community-based exercise program. Presented at the Qualitative Research in Sport and Exercise Conference, Vancouver, British Columbia.
 27. *Williams, T. L., **Tomasone, J. R.**, & Lozano, L. (June 2018). The use of story completion within sport and exercise science: Exploring students' perceptions of disability and physical activity. Presented at the Qualitative Research in Sport and Exercise Conference, Vancouver, British Columbia.
 28. *Baron, J., **Tomasone, J. R.**, Curran, D., Miller, R., & Grimshaw, J. (November 2017). Barriers and facilitators to skin care in people with spinal cord injury. Presented at the Wounds Canada Conference, Mississauga, Ontario.
 29. *Jaglal, S. B., Allin, S., Shepherd, J., Munce, S., **Tomasone, J.R.**, Wolfe, D., & Linassi, G. (October 2017). The SCI & U story: Participatory design of an online self-management tool for spinal cord injured users. Presented at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting, Dublin, Ireland.
 30. *Nadler, M., Bainbridge, D., **Tomasone, J. R.**, Cheifetz, O., Juergens, C. A., & Sussman, J. (June 2017). Oncology care provider perspectives on exercise promotion in people with cancer: An examination of

- knowledge, practices, barriers and facilitators. Presented at the Multinational Association of Supportive Care in Cancer Conference (MASCC), Washington, DC.
31. *Dobrowolski, S., Baillie, C., Skelding, S., D'Urzo, K., Houlden, R., & **Tomasone, J.R.** (May 2017). Evaluating the impact of a workshop aimed at enhancing medical students' motivational interviewing knowledge, skills, and social cognitions to counsel patients on physical activity, nutrition and medication adherence. Presented at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, Victoria, British Columbia.
 32. *Brouwers, M. C., **Tomasone, J. R.**, Vukmirovic, M., on behalf of the CanIMPACT Knowledge Translation Team. (December 2016). Improving coordination between primary care providers and oncology specialists: cases from Canada (CanIMPACT Casebook). Presented at the Science of Dissemination and Implementation in Health Conference, Washington, D. C.
 33. *Brouwers, M. C., **Tomasone, J. R.**, Vukmirovic, M., on behalf of the CanIMPACT Knowledge Translation Team. (December 2016). Interventions to improve care coordination between primary health care and oncology care providers: A systematic review. Presented at the Science of Dissemination and Implementation in Health Conference, Washington, D. C.
 34. *Wolfe, D., Sleeth, L., Allin, S., Anzai, K., Athanasopoulos, P., Jaglal, S., Linassi, G., Munce, S., Noonan, V., Shepherd, J., **Tomasone, J. R.** (September 2016). Development and initial validation of an online, pan-Canadian self-management program for spinal cord injury. Presented at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting, Vienna, Austria.
 35. *Sleeth, L., Wolfe, D., Allin, S., Anzai, K., Athanasopoulos, P., Jaglal, S., Linassi, G., Munce, S., Noonan, V., Shepherd, J., **Tomasone, J. R.** (September 2016). Stakeholder consultations to inform development of a pan-Canadian self-management program for persons with spinal cord injury. Presented at the International Spinal Cord Society (ISCoS) Annual Scientific Meeting, Vienna, Austria
 36. ***Tomasone, J. R.**, Brouwers, M. C., Vukmirovic, M., on behalf of the CanIMPACT KT Team. (June 2016) Improving coordination between primary care providers and oncology specialists: Cases from Canada (CanIMPACT Casebook). Presented at the KT Canada Scientific Meeting, Toronto, Ontario.
 37. *Sleeth, L., Wolfe, D., Jaglal, S., Allin, S., Munce, S., Linassi, G., Athanasopolous, P., Anzai, K., Noonan, V., **Tomasone, J. R.**, Shepherd, J. (April 2016). Development and initial validation of an online, pan-Canadian self-management program for spinal cord injury. Presented at the Rick Hansen Institute PRAXIS conference, Vancouver, British Columbia.
 38. ***Tomasone, J. R.**, Sleeth, L., Marrocco, S., Scime, N. V., Ma, J. K., Burke, S. M., & Wolfe, D. (April 2016). Use and effectiveness of behaviour change techniques for physical activity self-management among persons with spinal cord injury: A systematic review protocol. Presented at the Rick Hansen Institute PRAXIS conference, Vancouver, British Columbia.
 39. **Tomasone, J. R.**, Vukmirovic, M., *Brouwers, M. C., on behalf of the CanIMPACT Knowledge Translation Research Team. (April 2016). Interventions to improve care coordination between primary health care and oncology care providers: A systematic review. Presented at Cancer Care Ontario Research Day, Toronto, Ontario.
 40. *Brouwers, M. C., Vukmirovic, M., **Tomasone, J. R.**, on behalf of the CanIMPACT Knowledge Translation Research Team. (April 2016). Improving Coordination Between Primary Care Providers and Oncology Specialists: Cases from Canada (CanIMPACT Casebook). Presented at Cancer Care Ontario Research Day, Toronto, Ontario.
 41. **Tomasone, J. R.**, *Brouwers, M. C., on behalf of the Scientific Advisory and Knowledge User Committee. (October 2015). Moving guidelines to action: Enhancing the adoption and use of physical activity guidelines among cancer survivors and health care practitioners. Presented at the Guideline International Network (GIN) Conference, Amsterdam, The Netherlands.
 42. ***Tomasone, J. R.**, Sweet, S. N., McReynolds, S., & Martin Ginis, K. A. (May 2015). In search of "key ingredients": A multi-level approach to examining the implementation-effectiveness relationship of an educational intervention for health care professional trainees. Presented at the KT Canada Scientific Meeting, Halifax, Nova Scotia.
 43. ***Tomasone, J. R.** & Brouwers, M. C. (January 2015). The development of evidence- and theory-derived knowledge translation tools to increase the adoption and implementation of physical activity clinical practice

guidelines for cancer survivors among clinicians and their cancer patients. Presented at the Escarpment Cancer Research Institute Research Day, Hamilton, Ontario.

44. ***Tomasone, J. R.**, Sweet, S. N., Martin Ginis, K. A., & The Canadian Paralympic Committee. (May 2014). Key ingredients for “*Changing Minds*”: Determining the effective components of an educational intervention to enhance health care professional trainees’ social cognitions for discussing physical activity. Presented at the International Society of Behavioral Nutrition and Physical Activity (ISBNPA) Annual Meeting, San Diego, California.
45. **Tomasone, J. R.**, *Donald, B., Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (April 2014). Get in Motion: Correlates of clients’ adherence to a telephone-based physical activity counseling service. Presented at the Society of Behavioral Medicine Annual Meeting, Philadelphia, Pennsylvania.
46. ***Tomasone, J. R.**, Martin Ginis, K. A., Estabrooks, P. A., & The Canadian Paralympic Committee. (May 2013). *Changing Minds, Changing Lives* from the top-down: A case study of the adoption of a nationwide, theory-based intervention to increase health care professionals’ leisure-time physical activity prescription behaviour among Canadians with a physical disability. Poster presented at the International Society for Behavioral Nutrition and Physical Activity (ISBNPA) Conference, Ghent, Belgium.
47. *MacIntosh, A., **Tomasone, J. R.**, Au, J., Elias, K., McPhee, P., Sonne, M., & Stapleton, J. (May 2013). Teaching assistant evaluation: Providing tools and opportunity for development as an educator. Presented at the Learning Technology Symposium: McMaster University Centre for Leadership in Learning, Hamilton, Ontario.
48. **Tomasone, J. R.**, Kong, W., Hunt, R., & *Pang, S. C. (July 2008). A learning model for cardiac catheterization. Presented at the 14th International Conference on Plastination, Heidelberg and Guben, Germany.

Other-Academic Conference Presentations (90)

1. *Nageswaran, L. & **Tomasone, J. R.** (April 2026). An adapted conceptual framework to identify and interpret structural ableism in medical education. Poster presentation at the Canadian Society for Clinical Investigation and Clinician Investigator Trainee Association of Canada Annual Joint Meeting, Toronto, Ontario.
2. *Juan, O. & **Tomasone, J. R.** (March 2026). “From undergrad to my masters, and I am still working on the same project...”: Reflections from a novice researcher about project management challenges during a scoping review. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
3. *Solmon, B. J., Juan, O., Nageswaran, L., & **Tomasone, J. R.** (March 2026). Representation of social identities in intersectional disability physical activity research. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
4. *Gee, C., Price, J., Suhkai, M., Van Dornick, K., & **Tomasone, J. R.** (March 2026). Quality improvement follow-up evaluation of the Canadian Disability Participation Project 2.0 Summer Institute. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Brock University, Niagara Falls, Canada.
5. *Shah, P. S., **Tomasone, J. R.**, Best, K. L., Bedard, G. D. & Sweet, S. N. (March 2026). Fostering quality participation for persons with physical disabilities and chronic conditions. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
6. *Bedard, G. D., Yu, J., Wong, A. C., Shi, Z., Herbison, J. D., Bloom, G. A., **Tomasone, J. R.** & Sweet, S. N. (March 2026). A daily diary study using a generative AI conversational agent to explore behaviour change techniques for physical activity among university students with physical disabilities and chronic conditions. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
7. *Lindquist, E. E., Ng, N. J., Bedard, G. D., **Tomasone, J. R.**, Herbison J. D., & Sweet, S. N. (March 2026). A qualitative evaluation of a physical activity behavior change program for university students with physical disabilities and chronic conditions. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
8. *Lindsay, S. E., Bedard, G. D., Shi, Z., Liska, T., Ng, N., **Tomasone, J. R.** & Sweet, S. N. (March 2026). Behaviour change techniques and quality participation: An N-of-1 study. Poster presentation at the 2026 Minds in Motion Conference at McGill University, Montreal, Canada.

9. *Shah, P. S., **Tomasone, J. R.**, Best, K. L., Bedard, G. D. & Sweet, S. N. (March 2026). Fostering quality participation for persons with physical disabilities and chronic conditions. Presented at the 2026 Eastern Canada Sport and Exercise Psychology Symposium, Niagara Falls, Canada.
10. *Juan, O., Price, J., Lim, H., Chittenden, M., Lee, E. Y., Sukhai, M., Peers, D., & **Tomasone, J. R.** (March 2025). Strategies for implementing an intersectional lens in disability physical activity research and/or knowledge mobilization: A scoping review. Presented at the 2025 Eastern Canada Sport & Exercise Psychology Symposium, London, Canada.
11. *Georgopoulos, S., Kauffeldt, K. D., Shareck, M., Laberee, K., & Tomasone, J. R. (March 2025). Equitable paths: Exploring equity in the implementation of active transportation interventions across Canada. Presented at the 2025 Eastern Canada Sport & Exercise Psychology Symposium, London, Canada.
12. *Bedard, G. D., Pastore, O. L., Liska, T. M., Mullan, M. A. R. S., Burns, A., **Tomasone, J. R.**, Herbison, J. D., Sweet, S. N. (June 2024). Investigating the Enactment of Physical Activity Behaviour Change Techniques Among University Students with Physical Disabilities and Chronic Conditions: A Proposed Study. Oral presentation at the Canadian Society for the Study of Education Conference (CSSE). McGill University, Montreal, Québec.
13. *Ng, N., Bédard, G. D., Pastore, O. L., Liska, T. M., **Tomasone, J. R.**, Herbison, J. D., & Sweet, S. N. (March 2024). Explicit coaching of Behavior Change Techniques for physical activity among university students with physical disabilities and chronic conditions: A proposed study. Poster presentation at the Minds in Motion Conference. McGill University, Montreal, Québec.
14. *Mullan, M. A. R. S., Sweet, S. N., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2024). Exploring the health and wellbeing of students with disabilities among post-secondary campuses across Canada. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). University of Toronto, Toronto, Ontario.
15. *Ng, N. J., Bédard, G. D., Pastore, O. L., Liska, T. M., **Tomasone, J. R.**, Herbison, J. D., & Sweet, S. N. (March 2024). Explicit coaching of physical activity Behavior Change Techniques among university students with physical disabilities and chronic conditions: A proposed study. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). University of Toronto, Toronto, Ontario.
16. *Bédard, G. D., Pastore, O. L., Liska, T. M., Mullan, M., Jeans, A., Burns, A., **Tomasone, J. R.**, Herbison, J. D., & Sweet, S. N. (March 2024). Study in Progress: Physical Activity Behavior Change Skills Use Among University Students with Disabilities. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). University of Toronto, Toronto, Ontario.
17. *Ng, N., Walters, A., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2023). Optimizing staff and volunteer training at community-based exercise programs for persons with disabilities across Canada. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Sherbrooke, Québec.
18. *Mullan, M. A. R. S., McLaren, B., Man, K. E., Fong, A., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2023). Exploring individual rationales for participation in community-based exercise programs designed for persons with physical disabilities. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Sherbrooke, Québec.
19. *Bédard, G. E., Liska, T. M., Pastore, O. L., Balan, M., Mullan, M., **Tomasone, J. R.**, Herbison, J. D., Jeans, A., Latimer-Cheung, A. E., Rocchi, M. E., & Sweet, S. N. (March 2023). Physical activity behaviour change techniques use among university students with physical disabilities. Oral presentation at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Sherbrooke, Québec.
20. *Silverman, R. T., Michalovic, E., Cavell, M., Kauffeldt, K. D., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2023). Intraorganizational accessibility and inclusivity initiatives: Communication as a factor influencing uptake of the LEAD. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Sherbrooke, Québec.
21. *Morgan, T. L., Suart, T. N., Fortier, M. S., & **Tomasone, J. R.** (March 2023). Advancing the curriculum change process to embed the 24-Hour Movement Guidelines in medical education: A mixed-methods consensus study. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Sherbrooke, Québec.

22. *Varkul, O. J. S., Man, K. E., Latimer-Cheung, A.E., & **Tomasone, J. R.** (March 2023). Barriers and facilitators to implementing community-based exercise programs for persons with disabilities: A qualitative study on providers' perceptions. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Sherbrooke, Québec.
23. *Wing, M. K., Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2023). Exploring the preferences and support needs of persons with sensory disabilities in an exercise context. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Sherbrooke, Québec.
24. *Lambert, M., **Tomasone, J. R.**, & Falkolade, A. (May 2022). Quality participation experiences among persons with chronic neurological conditions who participate in technology-mediated exercise interventions. Presented at the McGill Rehabilitation Colloquium (Virtual conference).
25. *Morgan, T. L., Fortier, M. S., & **Tomasone, J. R.** (March 2022). Development and usability testing of the 24-Hour Movement Guidelines tool: A mixed methods dissertation aimed at guiding discussions between primary care providers and adults accessing care. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
26. *Varkul, O., Kauffeldt, K. D., Chulak-Bozzer, T., & **Tomasone, J. R.** (March 2022). The Canadian 24-Hour Movement Guidelines for Adults: Can population awareness be sustained over time? Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
27. *Thompson, B. H., Mckenna, J., Faulkner, G., Flood, S. M., & **Tomasone, J. R.** (March 2022). Exploring students' perceptions of an app-based intervention designed to increase adherence to the 24-Hour Movement Guidelines for Adults. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
28. *Mullan, M. A. R. S., Flood, S. M., Blackett, B., Cunningham, G., Burns, R., & **Tomasone, J. R.** (March 2022). Mentors' self-efficacy and intentions to provide movement behaviour peer-support to students with anxiety and depression: Impact of the Prescription Exercise at Queen's Program. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
29. *Walters, A. J., **Tomasone, J. R.**, DaSilva, P., Martin Ginis, K. A., & Latimer-Cheung, A. E. (March 2022). An evidence-informed, partnered approach to building accessible, inclusive quality sport programming for Canadians with a disability. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
30. *Grimes, A., **Tomasone, J. R.**, Misener, L., & Latimer-Cheung, A. E. (March 2022). Developing recommendations for standardized volunteer training for disability sport events using the AGREE II instrument. Oral presentation at the Eastern Canadian Sport and Exercise Symposium (ECSEPS). Ottawa, Ontario, Canada.
31. *Bruno, N., Richardson, A., Kauffeldt, K. D., **Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., & Latimer-Cheung, A. E. (April 2021). Exploring experiential elements and strategies of quality participation for children and youth with intellectual and developmental disabilities: A systematic scoping review. Presented at the PHE Canada Conference (Virtual Conference).
32. *Lawrason, S. V. C., **Tomasone, J. R.**, Olsen, K., & Martin Ginis, K. A. (April 2021). "I'm glad I can walk, but sometimes it's so challenging that it's an inconvenience to myself and others": Experiences in physical activity among individuals with SCI who ambulate. ICORD Conference (Virtual conference).
33. *Larocca, V., McKinnon, A., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Bassett-Gunter, R. L. (2020). Understanding optimal message development and dissemination regarding physical activity support among parents of children with and without disabilities: A systematic scoping review. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
34. *Kauffeldt, K. D., Gainforth, H. L., Latimer-Cheung, A. E., Faulkner, G., & **Tomasone, J. R.** (March 2021). Where dissemination fails: The use of social network analysis to optimize the knowledge translation of multi-behaviour guidelines across stakeholder groups. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
35. *Morgan, T. L., Fortier, M. S., & **Tomasone, J. R.** (March 2021). An environmental scan and mapping of 24-Hour Movement Guideline content in undergraduate medical education to inform future translation of

- evidence into medical practice. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
36. *Sartor, J. D., Latimer-Cheung, A. E., Sweet, S. N., & **Tomasone, J. R.** (March 2021). Examining participant perceptions of quality participation in an online adapted home exercise program in a Covid-19 context. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
 37. *Koch, L. C., Man, K. E., Sweet, S. N., Arbour-Nicitopoulos, K. P., Orr, K., Bundon, A., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2021). Application of the quality participation framework to community-based exercise programs for persons with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
 38. *Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2021). An exploration and experimental test of a generic messaging approach to the Canadians 24-Hour Movement Guidelines for Adults. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
 39. *Pastore, O., Jarry, F., Zou, J., Sofranos, N., **Tomasone, J. R.**, Martin, L., & Sweet, S. N. (March 2021). The effect of model similarity on exercise self-efficacy among adults recovering from a stroke: A mixed-methods study. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
 40. *Bruno, N., Richardson, A., Kauffeldt, K. D., **Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., & Latimer-Cheung, A. E. (March 2021). Exploring experiential elements and strategies of quality participation for children and youth with intellectual and developmental disabilities: A systematic scoping review. Presented at the Eastern Canada Sport and Exercise Psychology Symposium (ECSEPS) Virtual Conference.
 41. *Morgan, T. L., Fortier, M. S., & **Tomasone, J. R.** (March 2020). An environmental scan of 24-Hour Movement Guideline content in medical curricula to inform future translation of evidence into medical practice. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 42. *Kauffeldt, K. D., Gainforth, H. L., Latimer-Cheung, A. E., Faulkner, G., & **Tomasone, J. R.** (March 2020). Where dissemination fails: The use of social network analysis to optimize the knowledge translation of multi-behaviour guidelines across stakeholder groups. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 43. *Giouridis, N. A., Faulkner, G., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2020). Exploring barriers and facilitators to university students' use of the Canadian 24-Hour Movement Guidelines for Adults. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 44. *Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2020). Exploring perceptions and brand approaches for the Canadian 24-Hour Movement Guidelines for Adults. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 45. *Reissner, B., Walters, A. J., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2020). Exploring perceptions and utility of interactive physical activity campaigns among individuals with a physical disability. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 46. *Faught, E., Walters, A. J., Latimer-Cheung, A. E., Faulkner, G., & **Tomasone, J. R.** (March 2020). Exploring end-user preferences towards messengers and messaging of the Canadian 24-Hour Movement Guidelines. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 47. *McLaren, B., Man, K. E., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2020). An exploration of program members' rationales for joining a community-based adapted exercises program for persons with disabilities. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
 48. *Romani, C. E., Morgan, T. L., Latimer-Cheung, A. E., Ross-White, A., & **Tomasone, J. R.** (March 2020). Dissemination and implementation of physical activity guidelines for special populations in Canada: A systematic scoping review. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).

49. *Koch, L. C., Man, K. E., Sweet, S. N., Orr, K., Arbour-Nicitopoulos, K. P., & **Tomasone, J. R.** (March 2020). Investigating the use of the Quality Participation framework in a community-based exercise setting. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
50. *Bruno, N., Richardson, A., Kauffeldt, K. D., **Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., & Latimer-Cheung, A. E. (March 2020). Exploring experiential elements and strategies of quality participation for children and youth with intellectual and developmental disabilities: A systematic scoping review. Accepted for the Eastern Canada Sport and Exercise Psychology Symposium, St. Catherine's Ontario (conference cancelled due to COVID-19).
51. *Man, K. E., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2019). The development and validation of strategies to foster quality participation among individuals with physical disabilities in community-based exercise programs. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
52. *Kauffeldt, K. D., Fong, A. J., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2019). Translating evidence into practice: Methods for the implementation and evaluation of a community-based exercise program for breast cancer survivors. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
53. *Magor, K. W., Kauffeldt, K., & **Tomasone, J. R.** (March 2019). Identifying effective methods of physical activity guideline dissemination and/or implementation among community-dwelling adults. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
54. *Calderhead, S., Gierc, M., & **Tomasone, J. R.** (March 2019). Sitting through life? Psychosocial antecedents of sedentary behaviour in a post-secondary setting. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
55. *Newton, K. A., D'Urzo, K. A., Williams, J. S., & **Tomasone, J. R.** (March 2019). Exploring optimal experience during high-altitude trekking. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
56. *Morgan, T., McFadden, T., Fortier, M., **Tomasone, J. R.**, & Sweet, S. (March 2019). Physical activity, sedentary behaviour and burnout in medical students. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
57. *Giouridis, N. A., Williams, T. L., & **Tomasone, J. R.** (March 2019). A multiple methods study exploring attitudes towards disability. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
58. *Disimino, K., **Tomasone, J. R.**, Leo, J., Martin Ginis, K. A., Angevaere, K., Varughese, B., Langvee, J., & Bassett-Gunter, R. (March 2019). Development of a resource catalogue for supporting physical activity among persons with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Vaughan, Ontario.
59. *Man, K., Latimer-Cheung, A. E., Sweet, S., Shirazipour, C., Evans, M. B., & **Tomasone, J. R.** (March 2018). An exploration of quality participation over time: Participant perceptions in a community-based adapted exercise program. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
60. *Kauffeldt, K., Sabiston C., & **Tomasone, J. R.** (March 2018). Barriers and facilitators to physical activity program delivery for breast cancer survivors in Ontario, Canada. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
61. *Flood, S., D'Urzo, K., Shallow, S., Howse, K., Dobrowolski, S., & **Tomasone, J. R.** (March 2018). Determining the effectiveness of a two-part educational workshop to enhance family medicine residents' intentions and behaviour to discuss physical activity with patients. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
62. *Leung, P., Flood, S., Woolnough, F., Humphrys, K., Bambrick, T., & **Tomasone, J. R.** (March 2018). Prescription Exercise at Queen's: A prospective program evaluation of physical activity effects among university students with depression and anxiety. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.

63. *Saxton, H., Kauffeldt, K., Sabiston, C., & **Tomasone, J. R.** (March 2018). Exploring program delivery and quality participation in dragon boating programs for breast cancer survivors in Ontario. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
64. *Andrusko, K., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2018). Exploring quality experiences in physical activity programs for individuals with intellectual disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
65. *Dombrowski, S., D'Urzo, K., Flood, S., Baillie, C., & **Tomasone, J. R.** (March 2018). Assessing the development of accurate empathy among medical students during a motivational interviewing workshop: a proposed study. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
66. *Tristani, L., **Tomasone, J. R.**, Fraser-Thomas, J., & Bassett-Gunter, R. (March 2018). "You kind of wonder like, are we ever going to get to a point of 100% inclusion and what is that going to look like when it actually happens?": Examining a teacher resource created to support inclusive physical education. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
67. *McFadden, T., Fortier, M., Sweet, S., **Tomasone, J. R.**, McGinn, R., & Levac, B. (March 2018). Medical students' perceived confidence and motivation in prescribing physical activity in future practice. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Montreal, Quebec.
68. *Man, K. E., Caron, J. G., Latimer-Cheung, A. E., & **Tomasone, J. R.** (March 2017). An exploration of the strategies used to foster quality participation among physical activity programs for persons with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
69. *Wright Stein, M., Flood, S., Allan, V., Latimer-Cheung, A. E., Jetha, A., & **Tomasone, J. R.** (March 2017). Kingston Revved Up: A narrative analysis of volunteers' experiences and their influence on future career decisions and pursuits. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
70. *Weissman, S., Lithopoulos, A., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2017). Examining the connection between exposure to people with physical disabilities and staring behaviour among able-bodied adults. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
71. *Kauffeldt, K., Sabiston, C., & **Tomasone, J. R.** (March 2017). Development of a casebook profiling exercise programs for breast cancer survivors in Ontario. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
72. *Flood, S., **Tomasone, J. R.**, Ma, J. K., Scime, N. V., Burke, S. M., Sleeth, L., Marrocco, S., & Wolfe, D. L. (March 2017). Use of behaviour change techniques for physical activity self-management among persons with spinal cord injury: A systematic review. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
73. *Tristani, L., Bassett-Gunter, R. L., & **Tomasone, J. R.** (March 2017). Exploring teachers' intentions to implement inclusive physical education. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Kingston, Ontario.
74. McEachern, B. M., ***Tomasone, J. R.**, & Yungblut, S. (June 2016). Exercise is Medicine® Canada on Campus Casebook: Investigating the development, composition and experiences of Exercise is Medicine® Canada on Campus groups. Presented at the Exercise is Medicine Ontario Student Research Conference, London, Ontario.
75. *Orr, K., Arbour-Nicitopoulos, K. P., Baird, J., Perrier, M.-J., **Tomasone, J. R.**, Latimer-Cheung, A. E., Ginis, S., & Martin Ginis, K. A. (April 2016). Peer-based evidence-based initiatives of the Canadian Disability Participation Project. Presented at the Parks & Recreation Ontario Educational Forum and Trade Show, Collingwood, Ontario.
76. *McEachern, B. M., Yungblut, S., & **Tomasone, J. R.** (March 2016). Exercise is Medicine® Canada on Campus Casebook: Investigating the development, composition and experiences of Exercise is Medicine® Canada on Campus groups. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.

77. *Hefnawi, B., Leung, L., Yungblut, S., & **Tomasone, J. R.** (March 2016). Family physicians' barriers to discussing physical activity with patients at different stages of the Transtheoretical Model. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.
78. *Jackson, J. C., **Tomasone, J. R.**, & Latimer-Cheung, A. E. (March 2016). Revved Up Revamp: A focus group study of participant experience to develop recommendations for program enhancement. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.
79. *Tristani, L., **Tomasone, J. R.**, Gainforth, H., & Basset-Gunter, R. (March 2016). Evaluating the theoretical content of a teaching resource aimed at supporting inclusive physical education. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.
80. *Orr, K., Arbour-Nicitopoulos, K. P., **Tomasone, J. R.**, Latimer-Cheung, A. E., & Martin Ginis, K. A. (March 2016). Moving with technology: Adapting a telephone-based physical activity counselling service for adults with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.
81. *Sharma, R., McEachern, B. M., Arbour-Nicitopoulos, K. P., & **Tomasone, J. R.** (March 2016). Assessing the impact of Moving to Inclusion (MTI) Online. Presented at the Eastern Canada Sport and Exercise Psychology Symposium, Hamilton, Ontario.
82. ***Tomasone, J. R.**, Sweet, S. N., McReynolds, S., & Martin Ginis, K. A. (June 2015). In search of "key ingredients": A multi-level approach to examining the implementation-effectiveness relationship of an educational intervention for health care professional trainees. Presented at the KT Canada Summer Institute, Edmonton, Alberta.
83. ***Tomasone, J. R.**, & Brouwers, M. C. (June 2014). The development of evidence- and theory-derived knowledge translation tools to increase the adoption and implementation of physical activity clinical practice guidelines for cancer survivors among clinicians and their cancer patients: A proposal. Presented at the KT Canada Summer Institute, Quebec City, Quebec.
84. ***Tomasone, J. R.**, Arbour-Nicitopoulos, K. P., Latimer-Cheung, A. E., & Martin Ginis, K. A. (May 2014). Putting research in action: Applying what we know to increase physical activity participation in the spinal cord injury community. Presented at the Inaugural Department of Kinesiology Community Research Day, McMaster University, Hamilton, Ontario.
85. ***Tomasone, J. R.**, Sweet, S. N., Martin Ginis, K. A., & The Canadian Paralympic Committee. (March 2014). Key ingredients for "*Changing Minds*": Determining the effective components of an educational intervention to enhance health care professional trainees' social cognitions for discussing physical activity. Presented at the 18th Annual Eastern Canada Sport and Exercise Psychology Symposium, Toronto, Ontario.
86. *Orr, K., **Tomasone, J. R.**, & Martin Ginis, K. A. (March 2014). Get Fit to stay fit? Determining the efficacy of the Get Fit Toolkit for Adults with Multiple Sclerosis. Presented at the 18th Annual Eastern Canada Sport and Exercise Psychology Symposium, Toronto, Ontario.
87. ***Tomasone, J. R.**, Sweet, S. N., Martin Ginis, K. A., & The Canadian Paralympic Committee. (June 2013). Key ingredients for "*Changing Minds*": Determining the effective components of an educational intervention to enhance health care professional trainees' social cognitions for discussing physical activity. Presented at the KT Canada Summer Institute and the KT Canada Annual General Meeting, Hamilton, Ontario.
88. ***Tomasone, J. R.**, Martin Ginis, K. A., Estrabrooks, P. A., & The Canadian Paralympic Committee. (March 2013). *Changing Minds, Changing Lives* from the top-down: A case study of the adoption of a nationwide, theory-based intervention to increase health care professionals' leisure-time physical activity prescription behaviour among Canadians with a physical disability. Presented at the 17th Annual Eastern Canada Sport and Exercise Psychology Symposium, St. Catharines, Ontario.
89. ***Tomasone, J. R.**, Martin Ginis, K. A., Domenicucci, L., & Estabrooks, P. A. (March 2012). *Changing Minds, Changing Lives*: Using the RE-AIM framework to evaluate a national knowledge translation initiative to increase physical activity and parasport participation in Canada. Presented at the 16th Annual Eastern Canada Sport and Exercise Psychology Symposium, London, Ontario.
90. ***Tomasone, J. R.**, Martin Ginis, K. A., Latimer, A. E., Basset, R. L., & Wolfe, D. (March 2011). Thoughts matter: HAPA model variables for leisure-time physical activity differ across active and inactive people with spinal cord injury. Presented at the 15th Annual Eastern Canada Sport and Exercise Psychology Symposium, Waterloo, Ontario.

MEDIA COVERAGE OF SCHOLARLY WORK (15)

1. Queen's Gazette (January 23, 2023). Towards a healthier future for Canadian cities. https://www.queensu.ca/gazette/stories/towards-healthier-future-canadian-cities?utm_source=Gazette+Newsletter&utm_campaign=4f07407e0c-2023-ur-ggt&utm_medium=email&utm_term=0_02780d4170-%5BLIST_EMAIL_ID%5D
2. McIntosh, S. (June 22, 2022). Queen's Prizes for Excellence In Research announced. <https://www.queensu.ca/gazette/stories/queen-s-prizes-excellence-research-announced>
3. Canadian Society for Exercise Physiology Podcast. (November 17, 2021). Season 3: Equity, Diversity and Inclusion. Episode 1: Keely Shaw, Jennifer Tomasone, & Miranda Wiese). <https://anchor.fm/cseppodcast>
4. OWHC Chats (Ontario Workplace Health Coalition; July 1, 2021). Canadian 24-Hour Movement Guidelines for Adults. <https://www.youtube.com/watch?v=ep1LDwr-3RE>
5. Cormier, M. (Queen's Journal; January 29, 2021). Outdoor ice rinks open with new COVID-19 protocols in place. <https://www.queensjournal.ca/story/2021-01-28/news/outdoor-ice-rinks-open-with-new-covid-19-protocols-in-place/>
6. CJAD 800 AM Radio. (October 28, 2020). A morning look at Canada's new 24-Hour Movement Guidelines. <https://www.iheartradio.ca/cjad>
7. Noor, Y. (Queen's Journal; October 22, 2020). What does your day look like? The Canadian 24-Hour Movement Guidelines for Adults have some suggestions. <https://www.queensjournal.ca/story/2020-10-22/news/what-does-your-day-look-like-the-canadian-24-hour-movement-guidelines-for-adults-have-some-suggestions/>
8. Craig, A. (Queen's Gazette; October 16, 2020). Make your whole day matter. <https://www.queensu.ca/gazette/stories/make-your-whole-day-matter>
9. CTV Ottawa Evening News (October 15, 2020). New movement guidelines for Canadian adults. <https://ottawa.ctvnews.ca/video?clipId=2056196>
10. Global News: Edmonton Health Matters (October 15, 2020). Canada's new movement guidelines. <https://globalnews.ca/tag/edmonton-health-matters/>
11. Patterson, D. (Penticton Now; May 10, 2020). UBCO researchers help organize virtual, at-home physical activity program. https://www.pentictonnow.com/watercooler/news/news/UBCO/UBCO_researchers_help_organize_virtual_at_home_physical_activity_program/
12. Wellborn, P. (UBC Okanagan News; May 7, 2020). Researchers team up to support people with disabilities. <https://news.ok.ubc.ca/2020/05/07/researchers-team-up-to-support-people-with-disabilities/>
13. Stafford, R. (Kingstonist; April 27, 2020). Queen's researchers launch program to support people living with physical disabilities during pandemic. <https://www.kingstonist.com/news/queens-researchers-launch-program-to-support-people-living-with-physical-disabilities-during-pandemic/>
14. Craig, A. (Queen's Gazette; April 22, 2020). Living with a disability during the pandemic. <https://www.queensu.ca/gazette/stories/living-physical-disability-during-pandemic>
15. Hardy, K. (Queen's Gazette; May 10, 2016). Coming full circle. <https://www.queensu.ca/gazette/stories/coming-full-circle>

ACADEMIC / RESEARCH WORK EXPERIENCE

- 2014-2016 **Knowledge Translation Research Coordinator, CanIMPACT; Part-Time**
Department of Oncology, McMaster University, Hamilton, ON
Skills developed: Published and grey literature searches and summaries; qualitative interview analysis; survey development and analysis; manuscript preparation; coordination and management of research assistants.
- 2011-2014 **Research Assistant and Program Coordinator (Get in Motion Telephone Counseling Service); SCI Action Canada; Part-Time**
Department of Kinesiology, McMaster University, Hamilton, ON
Skills developed: Literature searches and summaries; development and evaluation of knowledge translation initiatives; administration and recruitment for a nationwide behaviour change program; data collection and analysis; manuscript preparation.
- 2010-2011 **Program Assistant, Centre for Health Promotion and Rehabilitation; Part-Time**
Department of Kinesiology, McMaster University, Hamilton, ON
Skills developed: Supervision and updating of participants' exercise programs; special event coordination; fostering participant motivation.
- 2010 **Manager, Centre for Obesity Research and Education (CORE); Part-Time**
School of Kinesiology and Health Studies, Queen's University, Kingston, ON
Skills developed: Centre promotion; generating Centre reports for the Faculty of Arts and Science; organization of annual public and academic lectures; research meeting coordination; dissemination of obesity management kits to health professionals; budgeting; website maintenance.
- 2009-2010 **Research Associate for Robert Ross, Ph.D.; Full-Time**
School of Kinesiology and Health Studies, Queen's University, Kingston, ON
Skills developed: Academic writing (e.g., manuscripts, grant proposals and budgets, ethics applications, reports) in collaboration with faculty and graduate students; project management and organization including a \$1.8-million three-year CIHR randomized controlled trial in the area of human obesity, exercise and metabolism.
- 2008-2009 **Research Assistant for Amy Latimer, Ph.D.; Part-Time**
School of Kinesiology and Health Studies, Queen's University, Kingston, ON
Skills developed: Literature searches and summaries; research meeting coordination, coding transcripts, proofreading and formatting of papers, writing ethics proposals, and developing study protocols.
- 2008-2009 **Revved Up Program; Project Coordinator; Part-Time**
School of Kinesiology and Health Studies, Queen's University
Skills developed: Organization, coordination and promotion of a community-based adapted exercise program; community relations; grant writing; monitoring of participants' progress; management of 45 volunteers, 30 participants, and two personal trainers.

SERVICE TO UNIVERSITY

Guest Presentations

- 2021, 2022 **Teaching Philosophy Workshop for Senior PhD Students**
School of Kinesiology & Health Studies, Queen's University
- 2021 **Using Discussion Boards in onQ (January 2021)**
School of Kinesiology & Health Studies, Queen's University
- 2020 **Online Teaching Show & Tell (December 2020)**
School of Kinesiology & Health Studies, Queen's University

Committee Membership

- 2022- **Research Advisory Council for Associate Dean (Research): Member**
Faculty of Arts and Science, Queen's University
- 2025 **Work Integrated Learning Workgroup for Associate Dean (Teaching and Learning): Member**
Faculty of Arts and Science, Queen's University
- 2024-2025 **Equity, Diversity, Inclusion and Indigeneity Subcommittee: Member**
School of Kinesiology and Health Studies, Queen's University
- 2024-2025 **Workload Document Committee**
School of Kinesiology and Health Studies, Queen's University
- 2018, 2024 **Renewal, Tenure, and Promotion Subcommittee: Member**
School of Kinesiology and Health Studies, Queen's University
- 2022 **Graduate Subcommittee: Faculty Member**
School of Kinesiology and Health Studies, Queen's University
- 2022 **Graduate Seminar Planning Committee: Faculty Member**
School of Kinesiology and Health Studies, Queen's University
- 2015-2021 **Exercise is Medicine Canada – Queen's University: Faculty Advisor**
Exercise is Medicine Canada & Queen's University
- 2015- **School of Kinesiology and Health Studies Academic Council: Faculty Member**
School of Kinesiology & Health Studies, Queen's University
- 2021 **Internal Grant Review: Chair**
School of Rehabilitation Therapy, Queen's University
- 2018, 2021 **Prescription Exercise at Queen's Program: Faculty Advisor**
Student Wellness Services, Queen's University
- 2020-2021 **Adjunct Hiring Subcommittee: Member**
School of Kinesiology & Health Studies, Queen's University
- 2019-2020 **Campus Wellness Council: Member**
Student Wellness Services, Queen's University
- 2016-2021 **Unit Research Ethics Board: Member (2016, 2017, 2019, 2020, 2021) and Chair (2018)**
School of Kinesiology & Health Studies, Queen's University
- 2018 **Graduate Coursework Subcommittee: Member**
School of Kinesiology & Health Studies, Queen's University
- 2015-2017 **Health Studies Degree Task Force: Member**
School of Kinesiology & Health Studies, Queen's University
- 2015-2016 **Physical and Health Education Degree Subcommittee: Member**
School of Kinesiology & Health Studies, Queen's University
- 2015-2016 **Disability Course Review Ad Hoc Committee: Member**
School of Kinesiology & Health Studies, Queen's University
- 2013-2015 **Exercise is Medicine Canada – McMaster Chapter: General Member**
Exercise is Medicine Canada & McMaster University
- 2012-2013 **Kinesiology Teaching Assistant Evaluation Committee: President**

- 2012-2013 Department of Kinesiology, McMaster University
Kinesiology Graduate Curriculum and Policy Committee: Student Representative
- 2011-2013 Department of Kinesiology, McMaster University
Kinesiology Graduate Body: Secretary
- 2011-2013 Department of Kinesiology, McMaster University
Teaching Assistantship Network: Kinesiology Representative
- 2011-2013 Centre for Leadership in Learning, McMaster University
Teaching Assistantship Mentor Program
- 2011-2012 Centre for Leadership in Learning, McMaster University
Kinesiology Research Ethics Committee: Graduate Student Representative
- McMaster Research Ethics Board, McMaster University

Other Contributions

- 2021 **Equity, Diversity, Inclusion & Indigeneity Task Force Survey: Consultant**
Athletics and Recreation Centre, Queen's University
- 2020 **Disability Language and Etiquette: Volunteer Trainer**
Queen's Health Outreach, Queen's University
- 2020 **Lunch Time Walk/Roll with Queen's: Faculty guest**
Student Wellness Services, Queen's University
- 2019 **#CatchUpConfessions: Faculty representative**
Student Academic Success Services, Queen's University
https://www.instagram.com/p/BuZlcv7lxP2/?utm_source=ig_share_sheet&igshid=98wflhkrdonw

SERVICE TO ACADEMIA**Committee Membership**

- 2023-2024 **NASPSPA Sport and Exercise Psychology Program Committee: Chair**
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
- 2022 **SCAPPS Exercise Program Committee: Member**
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
- 2018-2022 **Knowledge Translation Steering Committee for Canadian 24-Hour Movement Guidelines for Adults: Chair**
Canadian Society for Exercise Physiology (CSEP)
- 2018-2020 **Canadian 24-Hour Movement Guidelines for Adults: Leadership Team**
Canadian Society for Exercise Physiology (CSEP)
- 2019-2023 **NASPSPA Sport and Exercise Psychology Program Committee: Member**
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
*Conference Moderator: 2021, 2022, 2023
- 2020, 2021 **Franklin Henry Young Scholar Award: Selection Committee**
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
- 2019-2020 **Expert Panel for ParticipACTION's Children and Youth Report Card 2020: Member**
ParticipACTION
- 2016-2018 **Exercise for People with Cancer Clinical Advisory Group: Research Member**
Cancer Care Ontario, Psychosocial Oncology Program
- 2014-2016 **Theories and Techniques of Behavior Change Project: Expert Panel Member**
Behaviour Change Theory Research Team, University College, London, England
- 2013-2016 **Canadian Coalition of Exercise Psychology: Executive Member**
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)
- 2013-2015 **Primary Care and Rehabilitation Integration with Self-Management (PRISM) Learning Collaborative: Scientific Advisory Committee**
Ontario Spinal Cord Injury Research Network Project, Ontario Neurotrauma Foundation
- 2013-2015 **Physical Activity Guidelines for Cancer Survivors: Expert Workgroup Member**

2012-2013 Cancer Care Ontario, Psychosocial Oncology Program
NASPSPA Executive Committee: Student Representative
 North American Society for the Psychology of Sport and Physical Activity (NASPSA)

Grant/Scholarship Review Activities

2025 Knowledge Translation Project Grant Review Committee (Canadian Institutes of Health Research)
 2016 Technology Foundation (Netherlands): Grant Reviewer
 2016 Mitacs Accelerate Internships: Scholarship Award Reviewer

Program Review Activities

2016 Brock-Niagara Centre for Health & Well-Being (Brock University): Program Reviewer

Editorial Board Activities

2025- Disabilities: Associate Editor
 2024 - Adapted Physical Activity Quarterly: Associate Editor

Journal Review Activities

2022-2026 Adapted Physical Activity Quarterly
 2024, 2026 Disabilities
 2026 MedEdPublish
 2022 Journal of Sport and Exercise Psychology
 2021, 2023, 2024 Psychology of Sport and Exercise
 2021 Implementation Science
 2021 International Journal of Health Policy and Management
 2020 British Journal of Sports Medicine
 2013, 2016, 2018-2026 Qualitative Research in Sport, Exercise, & Health
 2018, 2020 Applied Psychology: Health and Well-Being
 2016 Journal of Clinical Epidemiology
 2016 Journal of Aging and Physical Activity
 2016 Psychology of Sport and Exercise
 2016 Preventive Medicine
 2013-2015 Journal of Spinal Cord Medicine
 2015 Perceptual and Motor Skills

Tenure and Promotion Review Activities

2024 School of Health Sciences, Oakland University, United States
 2024 Faculty of Education, University of Western Ontario, Canada

Formal Mentorship

2020-2021 **Cochrane Knowledge Translation Mentor Network: Mentor**
 Mentored Roses Parker (based in the United Kingdom) from Cochrane Musculoskeletal, Oral, Skin and Sensory review group
 Knowledge product developed with my guidance:
<https://community.cochrane.org/news/5-easy-hacks-time-crunched-cochrane-comms>

SERVICE TO COMMUNITY

- 2015- **Kingston Revved Up; Co-Director**
School of Kinesiology & Health Studies, Queen's University, Kingston, ON
Oversee the research and educational initiatives of the adapted exercise program for persons with mobility impairments and intellectual disabilities.
- 2020-2022 **Get in Motion; Co-Director**
Canadian Disability Participation Project
Oversaw the operations and training of coaches for the revival of the telephone-based physical activity coaching service for persons with physical disabilities during the COVID-19 pandemic.
- 2013-2015 **Guelph Accessibility Project (GAP); Board of Directors Member**
St. Joseph's Health Care & Canadian Disability Resource Council, Guelph, ON
Assisted with the administration and organization of GAP, as well as the individual initiatives that aimed to increase awareness of accessibility issues and opportunities for people with physical disabilities in the Guelph community.
- 2012-2013 **Annual Relay Co-Chair and Volunteer, Canadian Paraplegic Association (CPA)**
CPA Hamilton, Hamilton General Hospital, Hamilton, ON
Co-chaired the CPA's annual fundraising relay event to enhance the lives of people with spinal cord injury in the Hamilton community.
- 2004-2008 **Move 'N Groove Mentor; Hospital Volunteer**
Kingston General Hospital, Kingston, ON
Assisted with placement, training and ongoing mentoring of new and returning student volunteers; received a Kingston Municipal Affairs Commission Recognition Award.

KNOWLEDGE TRANSLATION ACTIVITIES

- 2020 **Disseminating and Communicating the World Health Organization's Physical Activity and Sedentary Behaviour Guidelines 2020**
Physical Activity Division, World Health Organization (WHO) Headquarters, Geneva, Switzerland
Prepared a background paper, checklist, and appendix and recorded webinar outlining a process for movement guideline knowledge translation for World Health Organization Member States. Facilitated six two-hour workshops with the six WHO regions, each attended by approximately 40 policy makers, health promotion practitioners and health professionals. Engaged in ongoing discussions with global WHO offices about optimizing their physical activity and sedentary behaviour knowledge translation efforts in their regions.
- 2013-2014 **Active Living Leaders Peer Mentor Training (<http://www.activelivingleaders.ca>)**
SCI Action Canada, McMaster University, Hamilton, ON
Development of online training modules and handbooks to foster transformational leadership skills among peers with SCI for the promotion of physical activity in the community.
- 2011-2014 **Knowledge Mobilization Training Series™ (<http://sciactioncanada.ca/training/>)**
SCI Action Canada, McMaster University, Hamilton, ON
Development and evaluation of online webinars for health care professionals working with adults with spinal cord injury
- 2011 **"Ready? Set? Go! Motivating Your Clients for Change"**
Canadian Kinesiology Alliance, Mississauga, ON
Online webinar for the continuing education of Canadian Kinesiologists (webinar attendees received continuing education credits given for Kinesiology Certification)
- 2010-2011 **Changing Minds, Changing Lives: Health Care Professionals are Key Influencers**
Canadian Paralympic Committee, Ottawa, ON
Curriculum and PowerPoint development for use in presentations across Canada to increase health care professional awareness of physical activity benefits and parasport opportunities for individuals with a disability.

2009-2011	Active Homes Training Manuals and Videos SCI Action Canada, McMaster University, Hamilton, ON Strength training informational resources for personal trainers, peers and participants with spinal cord injury.
2008	Master's Thesis: Creation of a Cardiac Catheterization Learning Model Department of Anatomy and Cell Biology, Queen's University, Kingston, ON Hands-on learning model and medical procedure simulator for medical students and cardiology residents; currently on display in Queen's Anatomy Lab
2008	Plastinated Heart in Serial Sections Department of Anatomy and Cell Biology, Queen's University, Kingston, ON Hands-on learning model for undergraduate anatomy students; currently on display in Queen's Anatomy Lab.

ACADEMIC TEACHING EXPERIENCE

Graduate Level Course Instruction (1)

Term	Institution	Course Code and Name	Role	# students
Spring 2015	McMaster University	RS/NUR 725: Knowledge Exchange and Translation	Co-Instructor	16

Undergraduate Level Course Instruction (18)

Term	Institution	Course Code and Name	Role	# students
Fall 2018, 2019, 2020 (online), 2022, 2024, 2025	Queen's University	HLTH 332: Foundations for Understanding Disability – A Health Perspective	Instructor	175-190 each term
Winter 2018, 2019, 2020, 2021 (online), Fall 2025 (online)	Queen's University	HLTH 102: Personal Health and Wellness	Instructor (2021) Co-Instructor (other years; 50-75%)	425
Fall 2016	Queen's University	KNPE 336: Community Field Placement in Exercise, Disability, and Aging	Instructor	15
Fall 2016	Queen's University	KNPE 436: Advanced Internship in Exercise, Disability, and Aging	Instructor	15
Winter 2016	Queen's University	HLTH 102: Physical Determinants of Health	Instructor	425
Fall 2015	Queen's University	KNPE 333: Physical Activity for Persons with Disabilities	Instructor	78
Fall 2014	University of Toronto	KIN 420H: Adapted Physical Activity	Sessional Instructor	180
Fall 2012	McMaster University	KIN 3H03: Exercise Psychology	Co-Instructor	70

Undergraduate Level Course Supervision (29)

Term	Institution	Course Code and Name	Role	# students
2016-2021, 2022, 2024, 2025	Queen's University	KNPE 336: Community Field Placement in Exercise, Disability and Aging	Faculty Supervisor	18-27 each offering
2015-2021, 2022, 2024, 2025	Queen's University	KNPE 436: Advanced Internship in Exercise, Disability and Aging	Faculty Supervisor	13-25 each offering

Undergraduate Level Online Course Development (2)

Term	Institution	Course Code and Name	Role
Fall 2022	Queen's University	ASO HLTH102: Personal Health and Wellness (Arts and Science Online)	Co-Developer
Fall 2019-Winter 2020	Queen's University	ASO HLTH332: Foundations for Understanding Disability (Arts and Science Online)	Co-Developer

Graduate Level Guest Lectures (13)

Year(s)	Institution	Course Code and Name	Details	# students
2021 (online)	University of Ottawa	PBH5101: Population Perspectives in Public Health	One 1-hour lecture	25
2022, 2021, 2020 (online), 2019, 2018, 2017, 2016	Queen's University	KHS 830: Health Promotion Research Methods	One 2-hour lecture	7-15
2015	McMaster University	HRM 726: The Science and Practice of Knowledge Translation	One 3-hour lecture; one 30-min lecture	22
2015	University of Toronto	EXS 5532: Knowledge Translation	One 90-min lecture	6
2014	York University	KINE 6220: Fundamentals of Health and Exercise Psychology	One 90-min lecture	4
2008, 2009	Queen's University	ANAT 834: Principles and Techniques in the Teaching of Anatomical Sciences	One 90-min lecture/year	12
2008	Queen's University	ANAT 814: Clinically-Oriented Gross Anatomy	Two 60-min lectures	6

Undergraduate Level Guest Lectures (72)

Year(s)	Institution	Course Code and Name	Details	# students
2018, 2019, 2020, 2021, 2023, 2024, 2026	Queen's University	MEDS116: Population and Global Health	Two 120-min lecture each year	100
2016	Queen's University	MEDS 115: Family Medicine	One 60-min lecture	100
2016, 2018, 2019, 2020, W21, F21, S22, F22, W23, W24, F25	Queen's University	KNPE/HLTH 352: Research Internship	One 60-min lecture each year	30
2015	Queen's University	HLTH 205: Health Promotion	One 90-min lecture	150
2014	York University	KINE 3645: Physical Activity & Health Promotion	One 90-min lecture	80
2014	Wilfred Laurier	KP 412: Behaviour Modification & Physical Activity	One 60-min lecture	40

2012, 2013, 2014	McMaster University	KIN 4H03: Physical Activity Behavior Change	One 60-min lecture/year	40/year
2013	Brock University	PEKN 416: Exercise Programming for Spinal Cord Injury	One 60-min lecture	40
2013	McMaster University	KIN 3H03: Exercise Psychology	One 60-min lecture	100
2013	University of Guelph	FYS 19: Living with Quadriplegia: Loss, Challenge, and Triumph	One 90-min lecture	20
2013	Western University	FHS 4210b: Health Promotion for Persons with Disabilities	One 90-min lecture	40
2012, 2013	Brock University	PEKN 365: Interventions in Physical Activity	One 120-min lecture/year	60/year
2011, 2012	McMaster University	KIN 3H03: Exercise Psychology	Ten 60-min lectures/year	70/year
2010	McMaster University	KIN 1G03: Research Methodologies and Data Analysis	One 20-min lecture	250
2010	Queen's University	KNPE 427: Exercise, Nutrition, and Metabolism	One 90-min lecture	55
2009	Queen's University	KNPE 255: Physical Activity, Fitness, and Health	Two 90-min lectures	110
2008, 2009	Queen's University	KNPE 153: Introductory Biomechanics	Three 60-min lectures/year	105/year
2008	Queen's University	KNPE 265: Psychology of Sport and Exercise	One 60-min lecture	98
2008	Queen's University	ANAT 216: Principles of Human Morphology II	One 60-min lecture	216
2007, 2008	Queen's University	ANAT 312: Neuroanatomy	One 60-min lecture/year	44/year
2007	Queen's University	ANAT 315: The Human Musculoskeletal System	One 60-min lecture	287

Teaching Assistantships

Term(s)	Institution	Course Code and Name	Roles/Responsibilities
Winter 2014	McMaster University	KIN 4KK3: Fundamentals of Rehabilitation	Lab demonstrator, test and examination invigilator and marker
Fall 2011, 2012, 2013	McMaster University	KIN 3H03: Exercise Psychology	Head teaching assistant , tutorial leader, essay evaluator, test and examination marker
Fall 2013	McMaster University	KIN 2C03: Neurophysiology	Lab demonstrator, assignment evaluator, test and examination invigilator and marker
Winter 2013	McMaster University	KIN 1AA3/1YY3: Human Anatomy & Physiology II	Wet lab demonstrator/ prosector, test invigilator
Winter 2011	McMaster University	KIN 4S03: Physical Activity in Chronic Health Impairments	Presentation evaluator, essay marker
Winter 2011	McMaster University	KIN 4SS3: Human Aging: Biological & Lifestyle Influences	Test invigilator, test and exam marker
Fall 2010	McMaster University	KIN 1G03: Research Methodologies and Data Analysis	Tutorial leader, assignment and exam marker

Winter 2009	Queen's University	ANAT 315: Principles of Human Morphology II	Inquiry-based learning group facilitator
Spring 2008	Queen's University	ANAT 814: Clinically-Oriented Gross Anatomy	Lab coordinator/demonstrator, test invigilator and marker
Winter 2008	Queen's University	ANAT 216: Principles of Human Morphology II	Lab demonstrator, test invigilator and marker
Winter 2008	Queen's University	ANAT 316: Human Visceral Systems	Team-based learning coordinator and lab facilitator
Fall 2007	Queen's University	ANAT 315: Human Musculoskeletal System	Team-based learning coordinator and lab facilitator

Postdoctoral Fellowship Supervision (3)

2024-2025 **Postdoctoral Fellowship supervisor**

Fellow: Jenson Price, School of Kinesiology & Health Studies, Queen's University

Title: Enhancing disability content in undergraduate Kinesiology curricula across Canada

Awards:

- 2025 Queen's School of Graduate and Professional Studies 3 Minute Research Talk Competition – Third Place \$350
- 2024-2026 Social Sciences and Humanities Research Council of Canada Postdoctoral Fellowship \$140,000

2023-

Postdoctoral Fellowship supervisor

Fellow: Kaitlyn Kauffeldt, School of Kinesiology & Health Studies, Queen's University

Title: CapaCITY: Examining the implementation of healthy city interventions across Canada

Awards:

- 2023 SMARTCities Training Platform Bursary \$10,000

2017-2019

Postdoctoral Fellowship supervisor

Fellow: Angela Fong, School of Kinesiology & Health Studies, Queen's University

Title: Prompts to Promote Physical Activity: A mixed methods study to test the efficacy of an in-clinic prompt for facilitating physical activity counselling behaviours among oncology care providers

Awards:

- 2018 Canadian Cancer Society Travel Award \$1,100
- 2018 International Society of Behavioral Nutrition and Physical Activity – Early Career Researcher Award for Best Oral Presentation \$950
- 2018 International Society for Behavioral Nutrition and Physical Activity – Early Career Researcher Award for the Cancer Prevention and Management Special Interest Group \$250
- 2018 Queen's University School of Graduate Studies Post-Doctoral Fellows Travel Award \$1,000

PhD Student Supervision (5)

2025-

PhD supervisor

Student: Marley Mullan, School of Kinesiology & Health Studies, Queen's University

Title: Enhancing quality participation for athletes involved in Special Olympics Canada sport programming

Awards:

- 2025-2026 Canadian Disability Participation Project 2.0 Capacity-Building Scholarship \$5,000
- 2025-2026 Queen's Graduate Award \$9,000

2025-

MD/PhD SupervisorStudent: Luxshmi Nagaswaren, School of Kinesiology & Health Studies, Queen's UniversityTitle: Operationalizing disability inclusion in undergraduate medical education: Development, implementation and evaluation of an evidence-informed interventionAwards:

- 2025-2026 Canadian Disability Participation Project 2.0 Graduate Fellowship \$5,000

2020-2024

PhD co-supervisor (with Dr. Amy Latimer-Cheung)Student: Alexandra Walters, School of Kinesiology & Health Studies, Queen's UniversityTitle: Advancing qualified exercise professionals' abilities to work with persons with disabilities: Developing a disability-specific competency-based framework using a co-production approachAwards:

- 2021-2024 Social Sciences and Humanities Research Council of Canada Doctoral Fellowship \$20,000/year
- 2020-2021 Trudeau Foundation Scholarship (Finalist)
- 2020-2021 Vanier National Scholar – Internal Competition (Finalist)
- 2020-2021 Duncan and Urllla Carmichael Fellowship \$10,000
- 2020-2021 Arthur B. McDonald Prize for Academic Excellence \$30,000

2019-2023

PhD supervisorStudent: Co-producing tools to support integrated primary care discussions and medical curriculum renewal: A mixed methods dissertation to guide implementation of the 24-Hour Movement Guidelines for AdultsAwards:

- 2023-2025 Canadian Institutes of Health Research Health System Impact Postdoctoral Fellowship \$70,000/year
- 2023-2024 CANTRAIN Postdoctoral Fellowship – declined to accept CIHR fellowship \$21,5000
- 2022-2024 Social Sciences and Humanities Research Council of Canada Doctoral Fellowship \$20,000/year
- 2022-2023 Arts '49 Principal Wallace Fellowship \$20,000
- 2021-2022 Ontario Graduate Scholarship \$15,000
- 2020-2021 Ontario Graduate Scholarship \$15,000
- 2020 Health Studies Department Student Council Teaching Assistant Excellence Award (Nominee)
- 2019-2020 Queen Elizabeth II Scholarship in Science and Technology for Academic Excellence \$15,000

2018-2023

PhD supervisorStudent: Kaitlyn Kauffeldt, School of Kinesiology & Health Studies, Queen's UniversityTitle:Awards:

- 2021-2023 Social Sciences and Humanities Research Council Doctoral Fellowship \$20,000/year
- 2020-2021 Ontario Graduate Scholarship \$15,000
- 2019-2020 Ontario Graduate Scholarship \$15,000

- 2018-2019 Arthur B. McDonald Prize for Academic Excellence \$30,000

MSc Student Supervision (11)

2025-

MSc supervisor

Student: Owen Juan, School of Kinesiology & Health Studies, Queen's University

Title: Strategies for implementing an intersectional lens in disability physical activity research and/or knowledge mobilization

Awards:

- 2025-2026 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master's) \$25,000
- 2025-2027 SMARTCities Training Platform Bursary \$40,000

2023-2025

MSc supervisor

Student: Rayona Silverman, School of Kinesiology & Health Studies, Queen's University

Title: Recruiting and engaging persons experiencing disabilities in research

Awards:

- 2023-2014 Canadian Disability Participation Project Capacity-Building Bursary \$5,000
- 2023-2025 Queen's International Graduate Award \$8,500/year
- 2023-2025 Cochlear Graeme Clark Scholarship \$5,000 USD/year

2022-2025

MSc supervisor

Student: Marley Mullan, School of Kinesiology & Health Studies, Queen's University

Title: Movement behaviours among post-secondary students experiencing disability: A secondary analysis of data from the Canadian Campus Wellbeing Survey (CCWS)

Awards:

- 2024-2025 Canadian Disability Participation Project Capacity-Building Bursary \$5,000
- 2022-2023 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master's) \$17,500
- 2022-2023 Queen's University Master's Tri-Agency Recipient Recognition Award \$5,000

2022-2023

MSc supervisor

Student: Olivia Varkul, School of Kinesiology & Health Studies, Queen's University

Awards:

- 2022-2023 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master's) \$17,500
- 2022-2023 Queen's University Master's Tri-Agency Recipient Recognition Award \$5,000

2020-2021

MSc supervisor

Student: Laura Koch, School of Kinesiology & Health Studies, Queen's University

Title: Exploring the measurement of quality participation over time in exercise for persons with disabilities

Awards:

- 2020-2021 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master’s) \$17,500
- 2020-2021 Queen’s University Master’s Tri-Agency Recipient Recognition Award \$5,000

2020-2021

MSc supervisorStudent: Jacob Sartor, School of Kinesiology & Health Studies, Queen’s UniversityTitle: Exploring the relationship between quality and quantity of participation in an online community-based exercise programAwards:

- 2020-2021 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master’s) \$17,500
- 2020-2021 Queen’s University Master’s Tri-Agency Recipient Recognition Award \$5,000

2018-2020

MSc supervisorStudent: Nicole Giouridis, School of Kinesiology & Health Studies, Queen’s UniversityTitle: Barriers and facilitators to implementing the 24-Hour Movement Guidelines for Adults on a University CampusAwards:

- 2019-2020 Queen’s Graduate Award \$8,220
- 2018-2019 Queen’s Graduate Award \$10,515

2018-2020

MSc co-supervisor (with Dr. Amy Latimer-Cheung)Student: Alexandra Walters, School of Kinesiology & Health Studies, Queen’s UniversityTitle: Examining brand perceptions for the 24-Hour Movement Guidelines for AdultsAwards:

- 2019-2020 Ontario Graduate Scholarship \$15,000
- 2018-2019 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master’s) \$17,500
- 2018-2019 Arthur B. McDonald Prize for Academic Excellence \$15,000
(received \$5,000 of the \$15,000 due to receiving Canada Graduate Scholarship in same year)

2017-2019

MSc supervisorStudent: Kristiann Man, School of Kinesiology & Health Studies, Queen’s UniversityTitle: Exploring narratives of quality participation among adults with physical disabilities in a community-based exercise program: A mixed methods, collective case study approachAwards:

- 2018-2019 Ontario Graduate Scholarship \$15,000
- 2017-2018 Social Sciences and Humanities Research Council of Canada – Joseph Armand Bombardier Canada Graduate Scholarship (Master’s) \$17,500
- 2017-2018 Queen’s University Tri-Council Recipient Recognition Award \$5,000
- 2017-2018 Queen’s University Arthur B. McDonald Prize for Academic Excellence (declined due to Canada Graduate Scholarship awarded same year) \$15,000

- 2016-2018 **MSc supervisor**
Student: Stephanie Flood, School of Kinesiology & Health Studies, Queen's University
Title: Determining the effectiveness of a two-part educational workshop to enhance family medicine residents' intentions and behaviour to discuss physical activity with patients
Awards:
- 2017-2018 Social Sciences and Humanities Research Council of Canada – Canada Graduate Scholarship (Master's) \$17,500
 - 2016-2017 Queen Elizabeth II Scholarship in Science and Technology \$15,000
- 2016-2018 **MSc supervisor**
Student: Kaitlyn Kauffeldt, School of Kinesiology & Health Studies, Queen's University
Title: Identifying an optimal physical activity program delivery model for breast cancer survivors in Kingston, Ontario
Awards:
- 2017-2018 Queen Elizabeth II Scholarship in Science and Technology \$15,000
 - 2016-2017 Ontario Graduate Scholarship \$15,000
- Student Supervision – Undergraduate**
- 2025-2026 **Undergraduate thesis supervisor**
Student: Christina Gee, School of Kinesiology & Health Studies, Queen's University
Title: Quality improvement evaluation of the Canadian Disability Participation Project 2.0 Summer Institute
- 2025-2026 **Undergraduate thesis supervisor**
Student: Parker Milne, School of Kinesiology & Health Studies, Queen's University
Title: Impact of two workshops to build capacity for accessible research practices
- 2025 **Undergraduate project supervisor**
Student: Cynthia Charette, School of Kinesiology & Health Studies, Queen's University
Title: Developing an online certificate for training qualified exercise professionals to work with persons experiencing disability
- 2025 **Undergraduate project supervisor**
Student: Lauryn Oliver, School of Kinesiology & Health Studies, Queen's University
Title: Environmental scan of community-based exercise programs in Peterborough, Ontario
- 2025-2026 **Undergraduate research internship supervisor (2)**
Students: Benjamin Solmon, Jordan Wolfe
- 2024-2025 **Undergraduate thesis supervisor**
Student: Owen Juan, School of Kinesiology & Health Studies, Queen's University
Title: Strategies for integrating intersectionality into disability physical activity research and knowledge mobilization: A scoping review
- 2024-2025 **Undergraduate thesis supervisor**
Student: Sofia Georgopoulos, School of Kinesiology & Health Studies, Queen's University
Title: Equity considerations in the implementation of sustainable transportation interventions across nine Canadian cities
- 2024-2025 **Undergraduate research internship supervisor (3)**
Students: Cynthia Charette, Christina Gee, Parker Milne, School of Kinesiology & Health Studies, Queen's University
- 2023-2024 **Undergraduate thesis supervisor**
Student: Isaac Kelman McFadyen, School of Kinesiology & Health Studies, Queen's University
Title: Evaluating the impact of Revved Up: A RE-AIM analysis
- 2023-2024 **Undergraduate research internship supervisor (3)**

- Students: Sofia Georgopoulos, Owen Juan, Natalie Weisbrod, School of Kinesiology & Health Studies, Queen's University
- 2022-2023 **Undergraduate thesis supervisor**
Student: Natara Ng, School of Kinesiology & Health Studies, Queen's University
Title: Quality participation within exercise professionals' training resources
- 2022-2023 **Undergraduate research internship supervisor (3)**
Students: Isaac Kelman McFayden, Sophia Pourmatin, Zac Tofflemire, School of Kinesiology & Health Studies, Queen's University
- 2021-2022 **Undergraduate thesis supervisor**
Student: Olivia Varkul, School of Kinesiology & Health Studies, Queen's University
Title: Canadians' Awareness and Knowledge of the 24-Hour Movement Guidelines for Adults
- 2021-2022 **Undergraduate thesis supervisor**
Student: Marley Mullan, School of Kinesiology & Health Studies, Queen's University
Title: Impact of the Prescription Exercise at Queen's (PE-Q) Program on Peer Mentors and Personal Trainers
- 2021-2022 **Undergraduate thesis supervisor**
Student: Brooke Thompson, School of Kinesiology & Health Studies, Queen's University
Title: Student perceptions of the ParticipACTION App Intervention for the 24-Hour Movement Guidelines for Adults
- 2021-2022 **Undergraduate research internship supervisor (2)**
Students: Jensen Pletch, Natara Ng, School of Kinesiology & Health Studies, Queen's University
- 2020-2021 **Undergraduate thesis supervisor**
Student: Julia McKenna, School of Kinesiology & Health Studies, Queen's University
Title: Dissemination and implementation of physical activity and sedentary behaviour guidelines in low and middle income countries: A systematic scoping review.
- 2020-2021 **Undergraduate research internship supervisor (3)**
Students: Marley Mullan, Brooke Thompson, Olivia Varkul, School of Kinesiology & Health Studies, Queen's University
- 2020 **Undergraduate independent project supervisor**
Student: Brittany McLaren, School of Kinesiology & Health Studies, Queen's University
Title: Factors influencing enrollment in a community-based exercise program for persons with physical disability
- 2019-2020 **Undergraduate thesis supervisor**
Student: Emma Faught, School of Kinesiology & Health Studies, Queen's University
Title: Optimal messaging of the 24-Hour Movement Guidelines for Adults and Older Adults
- 2019-2020 **Undergraduate thesis supervisor**
Student: Claire Romani, School of Kinesiology & Health Studies, Queen's University
Title: Dissemination and implementation strategies for physical activity guidelines for special populations in Canada: A systematic scoping review
- 2019-2020 **Undergraduate thesis supervisor**
Student: Laura Koch, School of Kinesiology & Health Studies, Queen's University
Title: Investigating the use of the Quality Participation Framework in a community-based exercise setting
- 2019-2020 **Undergraduate research internship supervisor (3)**
Students: Nathan Liu, Julia McKenna, Anna Stevenson, School of Kinesiology & Health Studies, Queen's University
- 2018-2019 **Undergraduate thesis supervisor**
Student: Keziah Magor, School of Kinesiology & Health Studies, Queen's University
Title: A systematic review of dissemination and implementation strategies for national-level movement guidelines
- 2018-2019 **Undergraduate thesis supervisor**
Student: Kaitlin Newton, School of Kinesiology & Health Studies, Queen's University

- 2018-2019 **Undergraduate thesis co-supervisor**
Title: Exploring optimal experience during high-altitude trekking
Student: Sophie Calderhead, School of Kinesiology & Health Studies, Queen's University
- 2018-2019 **Undergraduate research internship supervisor (2)**
Title: Using the Theory of Planned Behaviour to explore psychosocial antecedents of sedentary behavior among post-secondary students
Students: Emma Faight, Claire Romani, School of Kinesiology & Health Studies, Queen's University
- 2018 **Undergraduate independent project supervisor**
Student: Sabrina Sappal, School of Kinesiology & Health Studies, Queen's University
Title: Audit of cancer and exercise training from professional and academic settings
- 2017-2018 **Undergraduate thesis supervisor**
Student: Priscilla Leung, School of Kinesiology & Health Studies, Queen's University
Title: Prescription Exercise at Queen's (PE-Q) program evaluation study
- 2017-2018 **Undergraduate thesis supervisor**
Student: Hailey Saxton, School of Kinesiology & Health Studies, Queen's University
Title: Development of a Casebook profiling recreational activity programs for breast cancer survivors in Ontario
- 2017-2018 **Undergraduate research internship supervisor (3)**
Students: Amy Evans, Keziah Magor, Kaitlin Newton, School of Kinesiology & Health Studies, Queen's University
- 2016-2017 **Undergraduate research internship supervisor (3)**
Students: Priscilla Leung, Mikaela Liscio, Hailey Saxton, School of Kinesiology & Health Studies, Queen's University
- 2016-2017 **Undergraduate thesis supervisor**
Student: Kristiann Man, School of Kinesiology & Health Studies, Queen's University
Title: Community-based physical activity programs for persons with mobility impairments: A Casebook
- 2016 **Undergraduate literature review and independent project supervisor**
Student: Jenelle Weidner, School of Kinesiology & Health Studies, Queen's University
Title: The impact of volunteer work at Revved Up on academic and vocational pursuits: An outcome evaluation for student volunteers
- 2016 **Undergraduate independent project supervisor**
Student: Simone Wright-Stein, School of Kinesiology & Health Studies, Queen's University
Title: An evaluation of the volunteer experience at Revved Up and its influence on future career decisions and pursuits
- 2016 **Undergraduate independent project supervisor**
Student: Badr Hefnawi, School of Kinesiology & Health Studies, Queen's University
Title: Barriers family physicians face when discussing physical activity with patients at different stages of change
- 2015-2016 **Undergraduate thesis supervisor**
Student: Brittany McEachern, School of Kinesiology & Health Studies, Queen's University
Title: Exercise is Medicine® Canada on Campus Casebook: Investigating the development, composition and experiences of Exercise is Medicine® Canada on Campus groups
- 2015-2016 **Undergraduate thesis supervisor**
Student: Julia Jackson, School of Kinesiology & Health Studies, Queen's University
Title: Revved Up Revamp: A mixed method evaluation of client experience and recommendations for program enhancement
- 2015 **Undergraduate independent project co-supervisor (with Dr. Jeffrey Masuda)**
Student: Ryan Ho, School of Kinesiology & Health Studies, Queen's University
Title: Bridging critical disability studies and critical race theory: A literature review.
- 2013-2014 **Undergraduate thesis co-supervisor (with Dr. Kathleen Martin Ginis)**

2012-2013	<u>Student:</u> Krystn Orr, Department of Kinesiology, McMaster University <u>Title:</u> An online evaluation of the “Get Fit Toolkit” for Canadians with multiple sclerosis Undergraduate thesis co-supervisor (with Dr. Kathleen Martin Ginis)
	<u>Student:</u> Karyn Proskos, Department of Science (Life Sciences), McMaster University <u>Title:</u> Sport for individuals with a physical disability: An evaluation of the “Bridging the Gap” Program
2011-2012	Undergraduate thesis co-supervisor (with Dr. Steven Bray) <u>Student:</u> Natasha Meikle, Department of Psychology, McMaster University <u>Title:</u> Undergraduate students’ eating habits during the transition to first-year university

Summer Work Experience Placement (SWEP) – Undergraduate

2026	Lewis Fleming
2025	Christina Gee
2024	Owen Juan
2023	Isaac Kelman McFadyen
2022	Natara Ng
2021	Brooke Thompson
2020	Julia McKenna
2019	Jake Sartor
2018	Nigel Barnim

Supervision of Graduate Student Research Fellowship/Research Assistantships (beyond own graduate students)

2026	Nathan Fawaz, Faculty of Kinesiology, Sport and Recreation, University of Alberta
2024-2025	Alexandra Jackson, School of Rehabilitation Therapy, Queen’s University
2024-2025	Samantha Robinson, School of Rehabilitation Therapy, Queen’s University
2024-2025	Rebekah Sandhu, School of Rehabilitation Therapy, Queen’s University
2023-2025	Alexandra Overvelde, Department of Geography and Planning, Queen’s University
2023-2025	Gillian Seitz, Department of Geography and Planning, University of Toronto
2023-2025	Joël Wheeler-Noiseux, Urban Studies, Université de Montréal
2023-2025	Michayla (Shay) Quinn, Department of Community Health and Epidemiology, University of Saskatchewan

Graduate Student Committees – Internal (School of Kinesiology and Health Studies)

COMMITTEE	YEAR	STUDENT	SUPERVISOR(S)
PhD Comprehensive Exam (7)	2025	Julia Nord-Leth	Dr. Lucie Levesque
	2024	Alyssa Grimes	Dr. Amy Latimer-Cheung
	2020	Yetnayet Sisey Yehuala	Dr. Amy Latimer-Cheung
	2020	Meshack Achore	Dr. Elijah Bisung
	2020	Grace Wedlake	Dr. Samantha King
	2018	Michael Borghese	Dr. Ian Janssen
	2015	Alexander Lithopoulos	Dr. Amy Latimer-Cheung
MA/MSc Defense (15)	2025	Zainab Naqvi	Dr. Amy Latimer-Cheung
		Leanne Abunguin	Dr. Eun-Young Lee
	2024	Mary Ajayi	Dr. Joseph Kangmennaang
	2023	Brock Reissner	Dr. Amy Latimer-Cheung
	2022	Alyssa Grimes	Dr. Amy Latimer-Cheung
	2021	Natasha Bruno	Dr. Amy Latimer-Cheung
		Samah Zahran	Dr. Ian Janssen
		Kasie Murphy	Dr. Mary Louise Adams
2020	Caille McGuire	Dr. Luc Martin	

		Jessica Gilmore	Dr. Elaine Power/Dr. Colleen Davidson
	2019	Kaitlin Liu	Dr. Kyra Pyke
	2018	Kate Andrusko	Dr. Amy-Latimer-Cheung
	2017	Laura Sawula	Dr. Brendon Gurd
	2016	Florence Hogg	Dr. Mary Louise Adams
	2016	Matthew McGuckin	Dr. Jean Côté
MA/MSc Proposal (12)	2025	Leanne Abungin	Dr. Eun-Young Lee
	2024	Zainab Naqvi	Dr. Amy Latimer-Cheung
	2022	Megan Clemens	Dr. Eun-Young Lee
		Brock Reissner	Dr. Amy Latimer-Cheung
		Alyssa Grimes	Dr. Amy Latimer-Cheung
	2021	Natasha Bruno	Dr. Amy-Latimer-Cheung
	2019	Jessica Gilmore	Dr. Elaine Power/Dr. Colleen Davidson
	2019	Jordan Chen	Dr. Jean Côté/Dr. Amy Latimer-Cheung
	2017	Emily Tennant	Dr. Amy Latimer-Cheung
	2017	Kate Andrusko	Dr. Amy Latimer-Cheung
	2016	Rianne Gushulak	Dr. Stevenson Fergus
	2015	Maddison Koekkoek	Dr. Elaine Power
PhD Proposal (3)	2024	Alyssa Grimes	Dr. Amy Latimer-Cheung
	2018	Sarah Dobrowolski	Dr. Lucie Levesque
	2016	Veronica Allan	Dr. Jean Côté and Dr. Amy Latimer-Cheung
PhD Defense (6)	2024	Mikyung Lee	Dr. Eun-Young Lee
	2024	Janet Lawson	Dr. Amy Latimer-Cheung
	2018	Alexander Lithopolous	Dr. Amy Latimer-Cheung
	2018	Veronica Allan	Dr. Jean Côté/Dr. Amy Latimer-Cheung
	2016	Matthew Vierimaa	Dr. Jean Côté
	2016	Celina Shirazipour	Dr. Amy Latimer-Cheung
MSc Project Evaluation (1)	2016	Adele Loncar	Dr. Stevenson Fergus

Graduate Student Committees – Internal-External

COMMITTEE	YEAR	PROGRAM	STUDENT	SUPERVISOR
PhD Defense [Examiner] (3)	2025	School of Rehabilitation Therapy	Heather MacLeod	Dr. Dorothy Kessler
	2020	School of Rehabilitation Therapy	Julie Petrin	Dr. Marcia Finlayson
	2020	School of Rehabilitation Therapy	Shihka Gupta	Dr. Mary Ann McColl
PhD Defense [Chair] (3)	2022	School of Rehabilitation Therapy	Kyle Vader	Dr. Jordan Miller
	2019	Public Health Sciences	Liam Remillard	Dr. William Pickett
	2019	Sociology	Steven Richardson	Dr. Sergio Sismondo

PhD Comprehensive Exam (2)	2019	School of Rehabilitation Therapy	Olivia Manning	Dr. Vincent DePaul
	2018	Department of Biomedical Sciences	Craig Harness	Dr. Les MacKenzie
PhD Supervisory Committee (1)	2019-2024	School of Rehabilitation Therapy	Olivia Manning	Dr. Vincent DePaul
MSc Supervisor Committee (1)	2022-2023	School of Rehabilitation Therapy	Miles Lambert	Dr. Afolasade Falkolade
MSc Defense (3)	2025	School of Rehabilitation Therapy	Rachel Pham	Dr. Mary Ann McColl
	2024	School of Rehabilitation Therapy	Anju Sapkota	Dr. Vincent DePaul
	2018	Department of Psychology	Megan McInnis	Dr. Caroline Pukall

Graduate Student Committees –External to Queen’s

COMMITTEE	YEAR	PROGRAM	STUDENT	SUPERVISOR
PhD Thesis External Examination (3)	2024	Public Health University of East Anglia, United Kingdom	Shelby Carr	Dr. Karen Milton
	2024	School of Sport, Exercise and Health Loughborough University, United Kingdom	James Haley	Dr. David Maidment
	2022	School of Rehabilitation Science, McMaster University	Celeste Petrusovski	Dr. Julie Richardson
PhD Comprehensive Exam (1)	2024	Department of Kinesiology and Physical Education, McGill University	Olivia Feng	Dr. Lindsay Duncan
PhD Thesis Supervision (3)	2025-	Faculty of Kinesiology and Physical Education, McGill University	Gabrielle Bedard	Dr. Shane Sweet
	2018-2020	Department of Kinesiology, University of Waterloo	Lauren Bechard	Dr. Laura Middleton
	2015-2019	School of Kinesiology and Health Sciences, York University	Lauren Tristani	Dr. Rebecca Bassett-Gunter
MSc Thesis Supervision (7)	2025-	Faculty of Kinesiology and Physical Education, McGill University	Priya Shah	Dr. Shane Sweet

	2023-2025	Faculty of Kinesiology and Physical Education, McGill University	Natara Ng	Dr. Shane Sweet
	2022-2024	Faculty of Kinesiology and Physical Education, McGill University	Gabrielle Bedard	Dr. Shane Sweet
	2021-2023	Faculty of Kinesiology and Physical Education, McGill University	Nour Saadawai	Dr. Shane Sweet
	2018-2020	Faculty of Kinesiology and Physical Education, McGill University	François Jarry	Dr. Shane Sweet
	2014-2016	Faculty of Kinesiology and Physical Education, University of Toronto	Zlata Volfson	Dr. Kelly Arbour-Nicitopoulos
	2014-2016	Faculty of Kinesiology and Physical Education, University of Toronto	Krystn Orr	Dr. Kelly Arbour-Nicitopoulos
Master's of Public Health (MPH) Placement Supervision (1)	2022	School of Epidemiology and Public Health, University of Ottawa	Julie Paradis	N/A

Invited Talks (29)

- 2025 **Implementing the Canadian 24-Hour Movement Guidelines for Adults – A Call to Action**
Canadian Society for Exercise Physiology (CSEP) Conference, London, Ontario
Audience: 600 researchers, practitioners, and trainees
- 2023 **“Quality Fosters Quantity: Reflections from an Early Career Journey that has come Full Circle”: Early Career Distinguished Scholar Keynote Address**
North American Society for the Psychology of Sport and Physical Activity (NASPPSA)
Audience: 300 researchers/trainees
- 2022 **“Revved Up: Bridging the Gap between Research and Community”**
Centre for Health Innovation, Queen’s University, Kingston, Ontario
Audience: 100 health care providers, researchers and trainees
- 2021 **“How Can I Use Canada’s New 24-Hour Movement Guidelines for Adults” (Panel Discussion)**
McMaster University, Hamilton, Ontario (Virtual; Available at: https://youtu.be/f3UC5Qc0s_k)
Audience: 24 community members

- 2021 **“How Can Clinicians Implement Canada’s New 24-Hour Movement Guidelines for Adults” (Panel Discussion)**
McMaster University, Hamilton, Ontario (Virtual; Available at: https://youtu.be/z_1S7chc4Es)
Audience: 175 health care providers (physicians, nurses, physiotherapists, etc.)
- 2021 **Equity and Implementation Science: An Urgent Partnership (Panel Discussion)**
University of North Carolina at Chapel Hill (Virtual; Available at: <https://www.youtube.com/watch?v=wpciHErzKyc>)
Audience: 330 researchers and public health practitioners
- 2021 **“Guideline Messaging: A Canadian Example”**
International Society for Physical Activity and Health (ISPAH)/WHO Webinar Series (Virtual)
Audience: 250 international researchers and public health practitioners
- 2020 **“Knowledge Translation of Canadian 24-Hour Movement Guidelines” (Virtual Presentation)**
United Kingdom Chief Medical Officer’s Communications Committee, Edinburgh, UK
Audience: 30 academics, practitioners, and policy makers
- 2018 **“Your First Years - Perspective from a “New” Faculty Member”**
New Faculty Orientation Day (15 min presentation), Queen’s University
Audience: 75 newly-hired faculty members
- 2018 **“Writing and defending your thesis”**
Knowledge Translation Research Operation Rounds (60 min webinar), St. Michael’s Hospital
Audience: 30 graduate students, clinical fellows and post-doctoral fellows
- 2018 **“Assessing the impact of a flipped classroom approach in an undergraduate experiential learning course for fostering competency-based learning outcomes”**
Showcase of Teaching and Learning (10 min), Queen’s University
Audience: 105 faculty members, course instructors and educational developers
- 2018 **“Exercise for people with cancer”**
Southeastern Cancer Centre Nursing Rounds (60 min), Kingston General Hospital
Audience: 25 oncology nurses
- 2018 **“Exercise for people with cancer”**
Department of Oncology Grand Rounds (60 min), Queen’s University
Audience: 30 oncology health care professionals and researchers
- 2018 **“The Forward Movement: Bringing down physical and social barriers for everyone”**
Accessibility & Inclusion Conference, School of Graduate and Professional Studies, Queen’s University
- 2016 **“Hindsight is always 20/20: Perspective of a program alumnus”**
Pattern II Anatomical Sciences Graduating Class Research Symposium, Department of Biomedical and Molecular Sciences, Queen’s University
Audience: 30 graduate students
- 2016 **“150 minutes per week to decrease your chances of a cancer diagnosis”**
A Cure for Life Group Annual Fundraiser (10 min), Vaughan, ON
Audience: 550 community members
- 2016 **“Lessons learned from teaching a large undergraduate class “**
Centre for Teaching & Learning Course Design/Re-Design Institute Discussion Panel (3 min), Queen’s University
Audience: 20 faculty members and course instructors
- 2016 **“Words of wisdom from generation “whY”: Perspectives from emerging professors & academics”**
Eastern Canada Sport & Exercise Psychology Symposium (ECSEPS) Special Symposium (3 min), McMaster University
Audience: 200 undergraduate and graduate students
- 2016 **“Physical activity for people with cancer: Benefits, barriers, and blueprints for change”**
(Co-Presenter with Dr. Catherine Sabiston)

- Department of Oncology Grand Rounds (60 min), Queen's University
Audience: 30 oncology health care professionals and researchers
- 2015 **“From guidelines to action: Goal setting and action planning for using the ‘Exercise for People with Cancer’ guidelines in oncology practice in Ontario”**
 “Let’s Get Moving: Exercise & Rehabilitation for People with Cancer” Knowledge Translation & Exchange Event (45 min), Cancer Care Ontario
Audience: 150 oncology health care professionals, administrators, policy makers and cancer survivors
- 2015 **“Staying active to actively help others: Exercise is Medicine at Queen’s University”**
 Department of Family Medicine Grand Rounds (60 min), Queen’s University
Audience: 40 family physicians and residents
- 2015 **“Moving physical activity guidelines to action”**
 Escarpment Cancer Research Institute Research Rounds (20 min), Juravinski Cancer Centre
Audience: 25 oncology healthy care professionals and researchers
- 2015 **“How NOT to get lost in knowledge translation: A case study of SCI Action Canada”**
 Emerging Research Symposium, Centre for Bone and Muscle Health, Brock University
Audience: 50 multidisciplinary researchers and graduate students
- 2015 **“Theories and strategies: A recipe for behaviour change”**
 Inter-Professional Education & Exercise is Medicine Canada Lecture (45 min), University of Toronto, Toronto, ON
Audience: 100 health care professional trainees (medicine, rehabilitation therapy, nursing, kinesiology, pharmacy)
- 2014 **“How to write a thesis”** (Co-presenter with Jessie-Lee McIssac)
 Knowledge Translation (KT) Canada Online Seminar Series (60 min), KT Canada, Toronto, ON
Audience: 30 Masters and PhD level students associated with KT Canada
- 2014 **“From research to practice: Physical activity for adults with spinal cord injury”**
 Peer Education Forum (60 min), Spinal Cord Injury British Columbia, Vancouver, BC
Audience: 50 adults with spinal cord injuries and their caregivers (approx.100 adults total)
- 2013 **“Get in Motion in 2013: Helping those with spinal cord injury initiate and maintain a physically active lifestyle”**
 Live Webcast (60 min), Invited Speaker, Spinal Cord Injury British Columbia, Vancouver, BC
Audience: 15 adults with spinal cord injuries
Note: Video archived with over 390 views (https://www.youtube.com/watch?v=CHDlbY-rSxE_)
- 2012 **“Physical activities for people with disabilities: Benefits, barriers, and blueprints for change”**
 Living-With-A-Disability Conference (60 min), Ontario March of Dimes, Toronto, ON
Audience: 60 adults recovering from a stroke, caregivers, and service staff (approx. 100 adults total)
- 2012 **“Running is 90% mental: The use of self-regulation strategies to get to the finish line”**
 Running Room Training Clinic Lesson (30 min), Running Room Canada Inc., Vaughan, ON
Audience: 20 adults registered for 5 km, 10 km, and half marathon training clinics
- 2012 **“Partnerships are key ingredients for knowledge translation programs: Using RE-AIM to evaluate two nationwide translational initiatives”**
 RE-AIM Mini Symposium (30 min), Virginia Polytechnical University, Blacksburg, VT
Audience: 40 knowledge translation researchers and practitioners
- 2009 **“Stay active! The importance of physical activity for adults with spinal cord injury”**
 Active Living Information Session and Workshop (20 min), Invista Centre, Kingston, ON
Audience: 30 adults with spinal cord injury and their caregivers (approx. 60 adults total)
- 2009 **“More than ‘feeling good’: The physical and emotional benefits of being physically active with a spinal cord injury”**
 Canadian Paraplegic Association Spinal Cord Injury Dinner (30 min), St. Mary’s of the Lake Rehabilitation Hospital, Kingston, ON

Audience: 30 adults with spinal cord injuries and their caregivers (approx. 50 adults total)

Community Education

- 2010-2013 **“Let’s Talk Science” Volunteer, Demonstrator, and Mentor**
McMaster University and Community, Hamilton, ON
Audience: Elementary and high school students from Hamilton community
- 2008-2009 **APSC 100 Community Partner and Project Evaluator**
Faculty of Applied Science, Queen’s University, Kingston, ON
Audience: First-year undergraduate engineering students
- 2008 **E=MC² Life Sciences Anatomy Lab Demonstrator**
Department of Anatomy and Cell Biology, Queen’s University, Kingston, ON
Audience: High school students from communities across Ontario
- 2008 **Mini Medical School Lecturer**
Queen’s University, Kingston, ON
Audience: Adults from the Kingston community
- 2007-2008 **Let’s Talk Science Volunteer, Anatomy Lab Tour Guide and Demonstrator**
Queen’s University, Kingston, ON
Audience: High school students from Kingston community
- 2007 **Military Personnel Volunteer Tour Guide**
Department of Anatomy and Cell Biology, Queen’s University, Kingston, ON
Audience: Medical technicians from Canadian Forces Base Medical Clinic in Kingston

Teaching Scholarship

- 2018 **Cognitive Assessment Redesign Project: Instructor Participant**
Worked closely with the Centre for Teaching and Learning at Queen’s University to redesign a course assignment in HLTH102 so that it would adequately assess critical thinking skills.
- 2012, 2013 **Centre for Leadership in Learning Graduate Student Day: Workshop Leader**
Prepared and delivered a 60-minute workshop entitled “You want me to do what!? Approaching and preparing your first lecture” for McMaster University graduate students.
- 2012 **Mini Graduate Student Day, Centre for Leadership in Learning, McMaster**
Prepared and delivered a 60-minute workshop entitled “You want me to do what!? Approaching and preparing your first lecture” for McMaster University graduate students.
- 2012 **Sharing in Health (SiH.ca): Author**
SiH is an open-access learning resource designed to address the shortage of primary health care providers in low-resource settings by increasing training capacity. Co-authored two topics, “Cardiovascular Overview” and “Chronic Obstructive Pulmonary Disease” and mentored undergraduate health sciences students working on the same topics.
- 2008-2009 **Anatomical Pathology Departmental Assistant (Kingston General Hospital)**
Scanned and indexed autopsy cases for use by pathologists for teaching at Queen’s Medical School; retrieved autopsy reports from the hospital’s online database and indexed specimen images from the cases; uploaded images to secure database for access by medical students.

PROFESSIONAL DEVELOPMENT

Courses (Beyond those required for graduate degree requirements)

- 2026 **Refresh and Renew: An Invitation to Reflect on Disability Praxis (Canadian Disability Participation Project 2.0)**
A 30-hour (10 x 3-hour sessions) module focused on foundational concepts, knowledges, skills, and practices that can help when researcher commitments to disability inclusion and justice run up against political, institutional, procedural, relational, and internal barriers.

- 2024 **Generative Artificial Intelligence in Assessments Institute** (Centre for Teaching and Learning, Queen's University)
A one-day course focused on designing learner-focused, flexible and authentic assessments given the pervasiveness of generative artificial intelligence use among post-secondary students.
- 2015 **Course Redesign Institute (Centre for Teaching & Learning, Queen's University)**
A two-day course focused on enhancing principles of course design, learning outcomes, assessment and instructional strategies within an undergraduate-level course. Course completed while developing HLTH102 for Winter 2016.
- 2015 **Focus on Graduate Supervision (Centre for Teaching & Learning and School of Graduate Studies, Queen's University)**
A one-day workshop for junior faculty to develop knowledge and skills for graduate supervision.
- 2014 **Training the Trainers: Teaching Behaviour Change Counseling (Canadian Coalition for Exercise Psychology)**
A one-day course with motivational interviewing guru Dr. Ken Resnicow, focusing on how to teach behaviour change counseling to health care practitioners and students.
- 2014 **Introduction to Systematic Review & Meta-Analysis Methodologies (University of Toronto and St. Michael's Hospital)**
A graduate level online course facilitated by Drs. Sharon Strauss, Andrea Tricco, and Monica Kastner. The overall objective of the course was for trainees to acquire the skills to conduct a systematic review and meta-analysis on their own.
- 2014 **Knowledge Translation (KT) Canada Summer Institute 2014: Knowledge Translation for the 4Ps (Patients, Providers, Public, Policymakers; Canadian Institutes of Health Research)**
The Institute provided trainees with the opportunity to increase their understanding of KT research, as well as how to target both KT practice and science to different audiences. The opportunity to network with national and international KT experts was also provided.
- 2013 **Psychological Theory in Knowledge Translation (KT) (University of Ottawa)**
A graduate level course facilitated by Drs. Jeremy Grimshaw and Jamie Brehaut that explores the role theory currently plays in KT science and practice, with a focus on theories and concepts from social and cognitive psychology. A key learning outcome was how to apply theory to KT science and practice.
- 2013 **Knowledge Translation (KT) Canada Summer Institute 2013: Challenges in the Science and Practice of KT (Canadian Institutes of Health Research)**
The Institute provided trainees with the opportunity to increase their understanding of KT research, as well as opportunities and challenges in the KT field, and the chance to network with national and international KT experts.
- 2013 **HRM 772 – Randomized Controlled Trials (McMaster University)**
A graduate level course that introduces the main elements of clinical trial design, execution and analysis, providing a firm grasp of clinical trial methodology for successful grant applications.
- 2012 **HRM 723 – Multiple Regression Analysis (McMaster University)**
A graduate level course in statistics concentrating on several techniques including linear regression, logistic regression, mixed-effects models for multilevel and longitudinal studies, missing data, latent variables, survival analysis, and structural equation modeling.
- 2011 **Scientist Knowledge Translation Training (SKTT™) for Graduate Students**
Training led by Melanie Barwick at the Sick Kids Institute in Toronto, Ontario that focused on building knowledge and tools to be able to create a knowledge translation plan for academic research.
- 2008 **SGS 801 – Principles of Academic Writing (Queen's)**
Course focused on effective writing in reference to theses and other major project reports. Course involved working in small groups alongside the instructor in order to learn from the varied experiences of fellow graduate students.

Attendance at Professional Meetings

- 2015, 2013, 2011 **Ontario Spinal Cord Injury Research Network Meeting, Toronto, ON**
 2013 **Knowledge Translation Canada, Annual General Meeting, Hamilton, ON**
 2012 **Ontario Spinal Cord Injury Research Network Meeting, Niagara Falls, ON**

Workshop Participation

- 2025 **Disability Needs to be Decolonized: How Indigenous Knowledges Can Inform Inclusive Pedagogies of Practice** (with Dr. Rheanna Robinson)
 Centre for Teaching and Learning, Queen's University
- 2022 **Introduction to Equity, Diversity and Inclusion in Research Design**
 Queen's University
- 2022 **Framing Pedagogy of Peace in the Context of Student Success**
 Centre for Teaching and Learning, Queen's University
- 2022 **Developing Intercultural Communication Competence**
 Centre for Teaching and Learning, Queen's University
- 2021 **Steps Towards Decolonizing Our Teaching**
 Centre for Teaching and Learning, Queen's University
- 2021 **Decolonization and Indigenization: Finding our Way Along the Path**
 Centre for Teaching and Learning, Queen's University
- 2021 **Building Capacity for Equity, Diversity, and Inclusion**
 SCAPPS Conference
- 2021 **Harassment and Discrimination Prevention and Response Policy and Procedures**
 Human Rights and Equity Office, Queen's University
- 2021 **Supporting Students in Need: Supervising in a Pandemic (Virtual)**
 School of Graduate Studies, Queen's University
- 2020 **Media Training** (Virtual; tailored for Canada's 24-Hour Movement Guidelines for Adults)
 PROOF Public Relations Firm, Toronto
- 2020 **Mental Health and Self-Care: Filling Up Your Tank**
 Health Promotion, Student Wellness Services, Queen's University
- 2020 **Identifying and Responding to Students in Distress**
 Health Promotion, Student Wellness Services, Queen's University
- 2020 **How to Spot, Speak Out and Stand Up to Stigma**
 Health Promotion, Student Wellness Services, Queen's University
- 2016 **Brief Action Planning (Hosted by the Centre for Collaboration, Motivation, and Innovation) (Pre-conference workshop)**
 Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Waterloo, ON.
- 2016 **An Invitation to Qualitative Research (with Drs. Brett Smith and Cassandra Phoenix)**
 Canadian Disability Participation Project Team Meeting, Hamilton, ON.
- 2015 **Using Behaviour Change Techniques and the Behaviour Change Wheel in Physical Activity Counselling (Pre-conference workshop)**
 Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Conference, Edmonton, AB
- 2015 **Annual Educational Retreat**
 Department of Oncology, McMaster University, Hamilton, ON
- 2015 **Grading of Recommendation, Assessment, Development and Evaluation (GRADE)**
 Program in Evidence-Based Care, Cancer Care Ontario, Hamilton, ON
- 2014-2016 **Cochrane Collaboration Canada Online Lecture Series**
 Ottawa Hospital Research Institute, Ottawa, ON
- 2014-2022 **Knowledge Translation Canada Research Rounds and Journal Club**
 KT Canada, Li Ka Shing Knowledge Institute, Toronto, ON

- 2011- **Knowledge Translation Canada Monthly Seminar Series**
KT Canada, Li Ka Shing Knowledge Institute, Toronto, ON
- 2013 **Human Rights, Equity Accessibility, Respect Toolkit (H.E.A.R.T) – 3 workshops**
Human Rights & Equity Services, McMaster University
- 2012 **Graduate Student Day: An Exploration of Teaching and Learning – 2 workshops**
Centre for Leadership in Learning, McMaster University
- 2012 **Mini Graduate Student Day – 2 workshops**
Centre for Leadership in Learning, McMaster University
- 2011 **Graduate Student Professional Development Workshop Series – 4 workshops**
Centre for Leadership in Learning, McMaster University
- 2011 **Graduate Student Ethics Seminar (Human Research) – Day-long seminar**
McMaster Research Ethics Board, McMaster University
- 2011 **Graduate Student Day: An Exploration of Teaching and Learning – 3 workshops**
Centre for Leadership in Learning, McMaster University
- 2011 **Graduate Student Professional Development Workshop Series – 3 workshops**
Centre for Leadership in Learning, McMaster University
- 2010 **Graduate Student Day: An Exploration of Teaching and Learning – 3 workshops**
Centre for Leadership in Learning, McMaster University
- 2009 **Exercise Is Medicine Symposium**
Center for Obesity Research and Education, Queen’s University, Kingston, ON
- 2008 **Professional Development Day for Teaching Assistants – 4 workshops**
Centre for Teaching and Learning, Queen’s University
- 2008 **Celebration of Teaching: A Showcase of Innovations – 3 workshops**
Office of Health Sciences Education, Queen’s University
- 2007 **Teaching Everyone: Exclude Assumptions, Not Your Students**
Department of Anatomy and Cell Biology, Queen’s University
- 2007 **Professional Development Day for Teaching Assistants – 4 workshops**
Centre for Teaching and Learning, Queen’s University
- 2007 **Technology in the Classroom**
Emerging Technology Centre, Queen’s University

Certificates

- 2013 **Human Rights, Equity Accessibility, Respect Toolkit (H.E.A.R.T) Certificate**
Human Rights & Equity Services, McMaster University
- 2008 **Certificate Program in University Teaching and Learning**
Centre for Teaching and Learning, Queen’s University
- A) Certificate I: Scholarship.** Displayed evidence of acquiring an understanding of general principles of teaching and learning in higher education, as well as in the discipline of Anatomy. Also attended a workshop on diversity and equity issues in higher education.
- B) Certificate II: Practical Experience.** Displayed evidence of significant and direct teaching experience as a teaching assistant. Also, feedback from a lecturing assignment in ANAT 216 was collected and reflected on with Dr. Les MacKenzie.
- C) Certificate III: Professional Development.** Promoted effective teaching and learning in Anatomy by acting as a TA mentor/liason for the Winter 2008 semester in the Department of Anatomy and Cell Biology.
